

life discussions.

(Twitter's Cancel Culture)

(Use of Instagram pods in South Asia)

(iii) - Impact on the richness of personal connections.

**(b) - Distractions and reduced focus impacted the quality of engagement in face-to-face communication.**

(i) - Deterioration of genuine moments in real life interactions.

(ii) - Constant connectivity leading to divided attention.

(Japan's hikikomori trend).

**(c) - Escapism from real life interactions.**

(i) - Preference for online communication over in-person meetings.

(ii) - Deterioration of the ability to navigate and enjoy real-life social situations.

(World of Warcraft)

**(d) - Erosion of non-verbal cues leads to misinterpretation.**

(i) - Absence of facial expressions and body language.

(ii) - Misinterpretation of messages without visual context.

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**4- Balance approach between both medium of communication is pivotal for successful navigation.**

(a) - By establishing boundaries.

(b) - Digital detox periods.

(c) - Authenticity across platforms

**5- Conclusion:**

(a) - Social media is no substitute for in-person communication.

(b) - Balance and mindful use of social media.

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### Title:

Social Media has destroyed real life communication.

### Outline:

#### 1- Introduction:

##### Thesis Statement:

Social media has significantly eroded the essence of real life communication. From superficial communication to escapism from real-life interactions, it remains an epi-centre for destroying the quality of face to face interaction.

#### 2- Real life communication is a hall mark of human history.

(a) - Historical context of real life communication.

(b) - Facilitated human evolution and growth.

#### 3- How social media become an epicentre for destroying the essence of real life communication

(a) - Superficial communication leads to surface-level conversations.

(i) - limited emotional expression.

(ii) - Contrast with the depth of real