

Make a précis of the given passage and suggest a suitable heading (1000 words)

Basically, psychoses and neuroses represent man's inability to maintain a balanced or equated polarity in conducting his life. The ego becomes exclusively or decidedly one-sided. In psychoses, there is a complete collapse of the ego back into the inner recesses of the personal and collective unconscious. When he is repressed toward fulfilling some life goal and where he is further unable to sublimate himself toward another goal, man regresses into goal structures not actually acceptable to himself or to society. Strong emotional sickness of the psychotic type is like having the shadow run wild. The entire psyche regresses to archaic, animal forms of behavior. In less severe forms of emotional sickness, there may be an accentuated and overpowering use of one of the four mental functions at the expense of the other three. Either thinking, feeling, intuiting or seeing may assume such a superior role as to render the other three inoperative. The persona may become so dominant as to create a totally one-sided ego, as in some forms of neurotic behavior. All in all, whatever the type of severity of the emotional disorder, it can be taken as a failure of the psyche to maintain a proper balance between the polarities of life. Essentially, psychoses and neuroses are an alienation of the self from its true goal of self-actualization. In this sense, the culture is of no consequence. The emotional disorder is not a question of being out of tune with one's culture so much as it is of being out of tune with one's self. Consequently, neurosis is more than bizarre behavior, especially as it may be interpreted by contemporaries in the culture. This interpretation avoids the sociological question of what is a mental disorder, since form of behavior which is acceptable in one culture may be considered neurotic in other culture. To Jung, the deviation from cultural norms is not the point. The inability to balance out personal polarities is.

Title: Role of psychoses and neurosis

Psychoses and neuroses are not fulfilling their true goal of self-actualization, in which a man maintains a balance in his life. When he fails to achieve one goal and unable to pursue another his ego is destroyed which is not acceptable to society. Resultantly, a man goes into strong emotional disorder in which he starts behaving like an animal. On the other hand, he also focuses in only one of his inherent ability which nourishes his ego. This is also linked to neurotic disorder. In which a man behaves out of his role and influences one's culture. What ever the consequences is, the psyche is unable to maintain a balance in one's life.

Total count (315)

Precis (109)