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Social media has destroyed real-life communication

Outline

I- Introduction

Thesis statement: Despite social media's potential for connection, its emphasis on facade of perfection, decline in social literacy, illusion of intimacy and rise of FOMO (fear of missing out) factor along with envy and comparison has ultimately destroyed the depth and quality of real life communication

II- Potential benefits of Social Media

(a) Connectivity and Communication

- 1- Bridging geographical distance
- 2- Reconnect with lost contacts

(b) Social Organization and Mobilization

- 1- Raising awareness for social causes
- 2- Organizing events and activities through social media platforms
- 3- Disaster relief and coordination

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© Information sharing and Education

- 1- E-learning and sharing of ideas
- 2- Access to new information

III- Role of Social Media in destruction of real-life communication

(a) The Facade of Perfection

- 1- Erosion of authenticity and curated Personas
- 2- Anxiety and depression
- 3- Distortion of time and effort
- 4- Cycle of envy and comparison
- 5- Pressure to perform

(b) Decline of social literacy in digital era

- 1- Text based communication neglecting the importance of non-verbal cues
- 2- Underdeveloped social skills and emotional intelligence
- 3- Erosion of empathy
- 4- Misunderstanding and breakdown in social interaction

(c) The disconnect in Connected world

- 1- Rise of FOMO factors

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- 2- Prioritizing online validation over real life relationships
- 3- Distortion of Social Norms
- 4- Like buttons and illusion of intimacy
- 5- Cyberbullying and Online toxicity.

IV. Conclusion

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Introduction.

Considers the once familiar scene of a restaurant- vibrant conversations, laughter and shared experiences. Today, that same scene is punctuated by the glow of phone screens. Diners, seemingly connected to the virtual world, getting disconnected from real people sharing their life experiences. This anecdote reflects the long shadow casted by social media in communication.

In this instant age of communication a paradox unfolds before us. Social media platforms hailed as a source of seamless communication, where geographical distances were bridged. Friendships are blossoming across continents. Yet, a curious irony has emerged which is casting a long shadow over real-life interactions. Communication got effected negatively. Despite,

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social media's potential for connection, its emphasis on facade of perfection, decline in social literacy, illusion of intimacy and rise of FOMO along with envy and comparison has ultimately destroyed the depth and quality of real-life communication. This essay would delve into the potential benefits of social media and then counter the benefits by highlighting the factors involved in real-life communication erosion.