

1. Why most of us fail in our efforts for self-improvement?  
Ans: Most of us fail in our efforts for self-improvement because our resolutions and goals are far from reality. We set ideal goals for ourselves to achieve, and that is the main reason why we fail and are unable to do any kind of self-improvement.

2. Why is it a basic mistake to announce our resolution to everybody?

Ans: It is a basic mistake to announce our resolution to everybody because when we announce and inform everybody of our unrealistic goals, everybody make a perception and expect something from us. However, the goals are ideally set and we are not habitual of accomplishing it. When our aim is not fulfilled it makes us foolish in front of everyone else. Therefore, it is a basic mistake to inform everybody of our goal.

3. Why did the writer not carry out his resolution on New Year's Day?

Ans: The writer could not carry out his resolution on New Year's day because he was enjoying in an overnight party on New Year's Eve. He must have been late in leaving the party and must have ~~stayed~~ woken up on New Year's Day. Hence,