

Q.2 Make a précis of the given passage and suggest a suitable heading: (20+ 5 = 25)

The Psychological causes of unhappiness, it is clear, are many and various. But all have something in common. The typical unhappy man is one who having been deprived in youth of some normal satisfaction, has come to value this one kind of satisfaction more than any other, and has, therefore, given to his life a one-sided direction, together with a quite undue emphasis upon the achievement as opposed to the activities connected with it. There is, however, a further development which is very common in the present day. A man may feel so completely thwarted that he seeks no form of satisfaction, but only distraction and oblivion. He then becomes a devotee of "Pleasure". That is to say, he seeks to make life bearable by becoming less alive. Drunkenness, for example, is temporary suicide; the happiness that it brings is merely negative, a momentary cessation of unhappiness. The narcissist and the megalomaniac believe that happiness is possible, though they may adopt mistaken means of achieving it; but the man who seeks intoxication, in whatever form, has given up hope except in oblivion. In his case the first thing to be done is to persuade him that happiness is desirable. Men, who are unhappy, like men who sleep badly, are always proud of the fact. Perhaps their pride is like that of the fox who had lost his tail; if so, the way to cure it is to point out to them how they can grow a new tail. Very few men, I believe, will deliberately choose unhappiness if they see a way of being happy. I do not deny that such men exist, but they are not sufficiently numerous to be important. It is common in our day, as it has been in many other periods of the world's history, to suppose that those among us who are wise have seen through all the enthusiasms of earlier times and have become aware that there is nothing left to live for. The man who hold this view are genuinely unhappy, but they are proud of their unhappiness, which they attribute to the nature of the universe and consider to be the only rational attitude for an enlightened man. Their pride in their unhappiness makes less sophisticated people suspicious of its genuineness; they think that the man who enjoys being miserable is not miserable.

Psychological cause of Unhappiness

There are various common causes of psychological unhappiness like dissatisfaction in youth. It makes them biased for satisfaction and they neglect their achievements. However, a common subsequent development of dissatisfaction in man is distraction and unconsciousness. Resultantly, in search of happiness a man moves away from actual life and gets into negative habits like drinking for his satisfaction. According to Narcissist and megalomaniac, man adopts negative ways of seeking happiness, unconsciously. Here, the man needs to learn to be happy. A very few men choose unhappiness intentionally and they thought that wise experienced all the enthusiasms during initial stages of their life. It makes them feel proud of their unhappiness.

This affects thinking of Naive people as they become uncertain of their genuineness and don't consider unhappy pride man, a miserable person.

Original paragraph word count ≈ 437 .

Precise word count ≈ 138 .

THE monstrous terrorist attack targeting a concert hall near Moscow on Friday night should alert the international community to the threat the self-styled Islamic State's Khorasan chapter poses to global security. While the 'original' IS may have been largely defeated in the battlefields of Iraq and Syria, IS-K is proving itself to be a 'worthy' successor to its parent outfit's blood-soaked legacy. Over 140 people were mowed down in the Moscow attack, which IS-K has claimed, while Russian authorities say several suspects, including some of the attackers, have been apprehended. While Russian intelligence agencies claim the perpetrators have links to Ukraine, Kyiv has denied this.

IS-K, believed to be operating out of Afghanistan, has been slowly building its profile. It has staged several attacks in Afghanistan as well as Pakistan. In January, it bombed the commemoration ceremony of Iranian Gen Qassem Soleimani in Kerman, causing a high number of fatalities. With the Moscow attack, the terrorist group seems to be expanding its geographical scope. Russia had in decades past dealt with religiously inspired militancy, including in Chechnya and Dagestan. In more recent times, Vladimir Putin's forces intervened to turn the tide in favour of Syrian forces fighting both their political opponents and jihadists. Moreover, thousands of Russian Chechens and others jihadists had fought against Bashar al-Assad's regime during the Syrian civil war. Now that the Syrian front is largely quiet, these militants, under the IS-K flag, may have decided to take their fight to Russia proper to avenge their defeat.

Just as it took a multinational effort to defeat IS, a similar endeavour will be needed to destroy IS-K before it spreads its deadly wings any further. This will require the international community to closely coordinate with the Afghan Taliban, whom IS-K opposes. Afghanistan, and those states that border it, particularly Pakistan, need to be in the forefront of the fight against the Khorasan faction, as these countries are the most vulnerable to IS-K's bloody forays. Iran, the Central Asian states, China and Russia should also be on board to contain the regional threat, and neutralise it. Moreover, the Taliban need to understand that letting militants operate on their soil including TTP terrorists will jeopardise the security of their own country, as well as that of the greater region.

Counterterrorism assistance should be extended by foreign states to the de facto Afghan regime in the fight against IS-K, TTP and others. Pakistan has reiterated the need for collective efforts. Also, further investigation is needed to probe Moscow's claims of state support for IS-K. Needless to say, supporting such bloodthirsty actors would be a folly of monumental proportions.

Some foreign actors made similar mistakes in Syria by financing and arming anti-Assad extremists. Such dubious manoeuvres should not be repeated.

24 March 2024.

The Monstrous Terrorist : IS-K

Islamic state Khorsam (ISK) attack on Moscow have raised alarm world wide. They continued their cruel legacy. 140 plus casualties occurred in this attack and criminals are arrested.

Russian intelligence claimed Ukrain involvement in this attack while its denied by Ukrain. This attack shows ISK global expansion. In Past ISK have attacked in Pakistan, Afghanistan, Iran and was defeated by Syria and Iraq. Moscow attack was reply of ISK defeat because Russian military ^{have} fought with ISK in Syrian Civil War, while Syria is silent this time.

The need of hour for global community is to stand against ISK before its further expansion. It is possible by the help of Afghan Taliban and neighbouring countries of Afghanistan. ISK is future thread for Central Asian states, China,

Russia and Afghanistan itself. Due to ^{organizations like} ISK and TTP, Afghanistan might have to suffer Counterterrorism attacks. In

Syrian Civil War, some people support
ISK so Russia needs to investigate
whether this attack was supported or
not. In this situation, Pakistan is waiting
for ~~that~~ collective response.

Word count:

Original Passage: 458

Precise words \approx 143

Box 26.1

The Military and Democracy in Pakistan

When in power, military regimes have not worked either to establish effective conditions for the return to civilian rule or to develop institutions that might make military usurpation unnecessary in the future. Rather, they have focused on immunizing themselves against criticism and deflecting any popular challenges that might arise. More dangerously, in an effort to ensure their survival and mitigate perceptions of their illegitimacy, military regimes have repeatedly undermined centrist social forces and political parties in Pakistan by encouraging radical political groups opposed to democracy. They have also deliberately privileged party-less local governments over central and provincial institutions because the former typically cannot threaten core military interests relating to security policy, national budgets, and economic organization.

If Pakistan is to become a moderate Muslim state that exists in peace with itself, its neighbours, and the international community, its political process must be reformed. A stable, successful Pakistan will be a democratic regime governed by a constitution that incorporates effective checks and balances. A civilian government, freely and regularly elected, responsible to the constitution, and protected by the military as part of its constitutional responsibilities, will advance the marginalization of radical Islamist forces in Pakistan.

26 March 2024.

Topic: Overriding role of Military in Pakistan

The era of military rule shows their interest in strengthening themselves and worsening the civilian rule conditions which predict their insignificant role in future. The worse of all is encouragement of military rule for antidemocratic politicals by continues resisting central social forces and political parties i.e; they gave importance to non political parties over central and provincial political institutes for safeguarding their interest. ~~and~~ Pakistan needs reformed democratic political parties for its existence. For this purpose, Freely elected democratic government should be formed and military needs to protect this government.

Original passage word count ~ 184.

precise word count. ~ 915.91