

## Q3

(A) Describe different causes and preventions of 'Polio'

Polio, or Poliomyelitis, is caused by the poliovirus, a highly infectious virus that primarily affects young children.

### Causes:

Fecal-oral Route	Oral-Oral Route	Direct Contact
The most common transmission method is when the virus is ingested via contaminated food or water	Less common spread through saliva from an infected person.	close contact with an infected person.
⇓	⇓	⇓
due to poor sanitation and hygiene.	shared through <del>direct</del> utensils or direct contact.	can also spread through crowded living conditions.



# Prevention of Polio

Preventing polio relies heavily on immunization and maintaining good hygiene practices.

## 1: Vaccination

The most effective way to prevent polio is through vaccination.

1: There are two types of vaccination.

### Inactivated Poliovirus Vaccine

Administered via injection.

Used in many developed countries.

It contains an inactivated virus and is very effective in preventing poliovirus infection.

### 2: Oral Poliovirus Vaccine

Administered Orally.

Commonly

used in global,

polio eradication

efforts due to its

ease of administ-

ration and ability

to induce immunity

in the gut, which

helps stop person to

person transmission.

## 2: Hygiene and Sanitation:

Improved sanitation reduces the risk of fecal-oral transmission.

This includes: Ensuring clean drinking water, ~~proper clean drinking water~~, Encouraging hand washing with soap and clean water, especially after using the bath-room and before eating.



### 3: Public Health Measures: These include:

Surveillance and rapid response to outbreaks, Public education campaigns about the importance of vaccination and hygiene practices, ensuring access to clean water and sanitation facilities, particularly in areas with high transmission risks.

### 4: Global Polio Eradication

#### Initiatives:

Organizations like the World Health Organization (WHO), UNICEF, and the Global Polio Eradication Initiative (GPEI) work worldwide to vaccinate children, monitor polio cases, and respond to outbreaks.

(B) Define the term 'Bio-Fuel'. How is it helpful to <sup>promote</sup> clean energy?

Bio-Fuel can be defined as:

"Biofuel refers to any fuel that is derived from biomass - plant or algae material, or animal waste."

Unlike fossil fuels, which take millions of years to form, biofuels, which take millions of years to form, biofuels are produced from living organisms and can be replenished on a human time scale. <sup>common</sup>

example: (ethanol typically made from corn or sugar-cane)



How  
Bio-  
Fuels  
Promote  
Clean  
Energy?

## 1: Reduced Green House Gases Emissions:

Biofuels generally emit fewer green house gases compared to fossil fuels. When burned, they release ( $\text{CO}_2$ ), but this  $\text{CO}_2$  is offset by  $\text{CO}_2$  absorbed by the plants during growth, resulting in a smaller net increase in atmospheric  $\text{CO}_2$ .

## 2: Renewable Resource:

Unlike fossil fuels, which are finite, biofuels are made from renewable resources that can be replanted and harvest regularly. This helps in ensuring a more sustainable energy supply.

## 3: Economic Benefits:

The biofuels industry can create jobs in agriculture, manufacturing, and distribution. This can stimulate local economies, especially in rural areas.

## 4: Reduced Reliance on Fossil Fuels:

Biofuels can replace or supplement fossil fuels, reducing dependence on oil and natural gas, which are major contributors to air pollution and climate change.



Add examples against these arguments

Date

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5: **Biodegradability:** Biofuels are typically biodegradable and less toxic than fossil fuels, reducing the environmental impact in the event of spills or leaks.

6: **Energy Security:** Producing biofuels locally can enhance energy security by reducing dependence on imported oil and promoting energy independence.

(C) Define 'Carbohydrates':  
Describe different steps to digest these in the human body.

Carbohydrates can be defined as:

"Carbohydrates are organic compounds made up of carbon, hydrogen, and oxygen, typically with a hydrogen-to-oxygen atom ratio of 2:1."

They are a primary source of energy for the human body and can be found in foods such as bread, rice, pasta, fruit, and vegetables.

Carbohydrates can be classified into three main types.

1. **Monosaccharides:**

Simple sugars like glucose, fructose, and galactose.

2. **Disaccharides:** Formed by the combination of two monosaccharides, such as sucrose (table sugar), lactose (milk sugar), and maltose.



# Draw the structures as well

Date

**3. Polysaccharides:** complex carbohydrates like starch, glycogen, and cellulose, composed of long chains and monosaccharides units.

## Steps of Carbohydrate Digestion:

**1: Mouth** → Mechanical break down of food into smaller pieces increases the surface area for enzymes to act. Salivary amylase begins breaking down starches into maltose and dextrins (short chains of glucose)

**2: Stomach** → The acidic environment of the stomach inactivates salivary amylase, temporarily halting carbohydrate digestion. The stomach churns the food, mixing it with gastric juices to form chyme, although no significant carbohydrates digest here.

**3: Small Intestine** → The chyme enters into small intestine, where the pancreas secretes pancreatic amylase into the duodenum, this enzyme continues breaking down starches into maltose, maltotriose, and dextrins. In the final stage Maltose convert into 2 glucose molecules, sucrose convert into glucose and fructose, and lactose convert into glucose.

**4: Absorption** → These monosaccharides are absorbed by the epithelial cells of the small intestine. These monosaccharides enter the bloodstream and are transported to the liver via the hepatic portal vein. In the liver, fructose and galactose are converted into glucose.



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5: **Utilization and Storage:** Glucose is used by cells through glycolysis, the Krebs cycle and oxidative phosphorylation. **Storage:** Excess glucose is stored as glycogen in the liver and muscles for later use. Any surplus beyond the storage capacity can be converted into fat and stored in adipose tissues.

(D) Describe the cell structure. Write down at least three differences between plant and animal cell.

**Cell Structure:** Cells are the basic structural and functional units of life. Cells consist of various organelles, each with specific functions that contribute to the cell's overall operation.

1: **Cell Membrane:** A phospholipid bilayer with embedded proteins that controls the passage of substances in and out of the cell.

2: **Cytoplasm:** A jelly-like substance that fills the cell and holds the organelles in place.

3: **Mitochondria:** Known as the powerhouses of the cell, they generate ATP through cellular respiration.

4: **Nucleus:** Contains the cell's genetic material (DNA) and controls cellular activities.

It is surrounded by a nuclear envelope with pores.

5: **Ribosomes:** Ribosomes are protein synthesis <sup>for material exchange</sup> also called protein factories of the body.



## 6: Endoplasmic Reticulum (ER)

**Rough (ER):** Attached ribosomes, it synthesizes proteins.

**Smooth (ER):** Lacks ribosomes and is involved in lipid synthesis and detoxification.

## 7: Golgi Apparatus:

Packing proteins and lipids for storage or transport out of the cell.

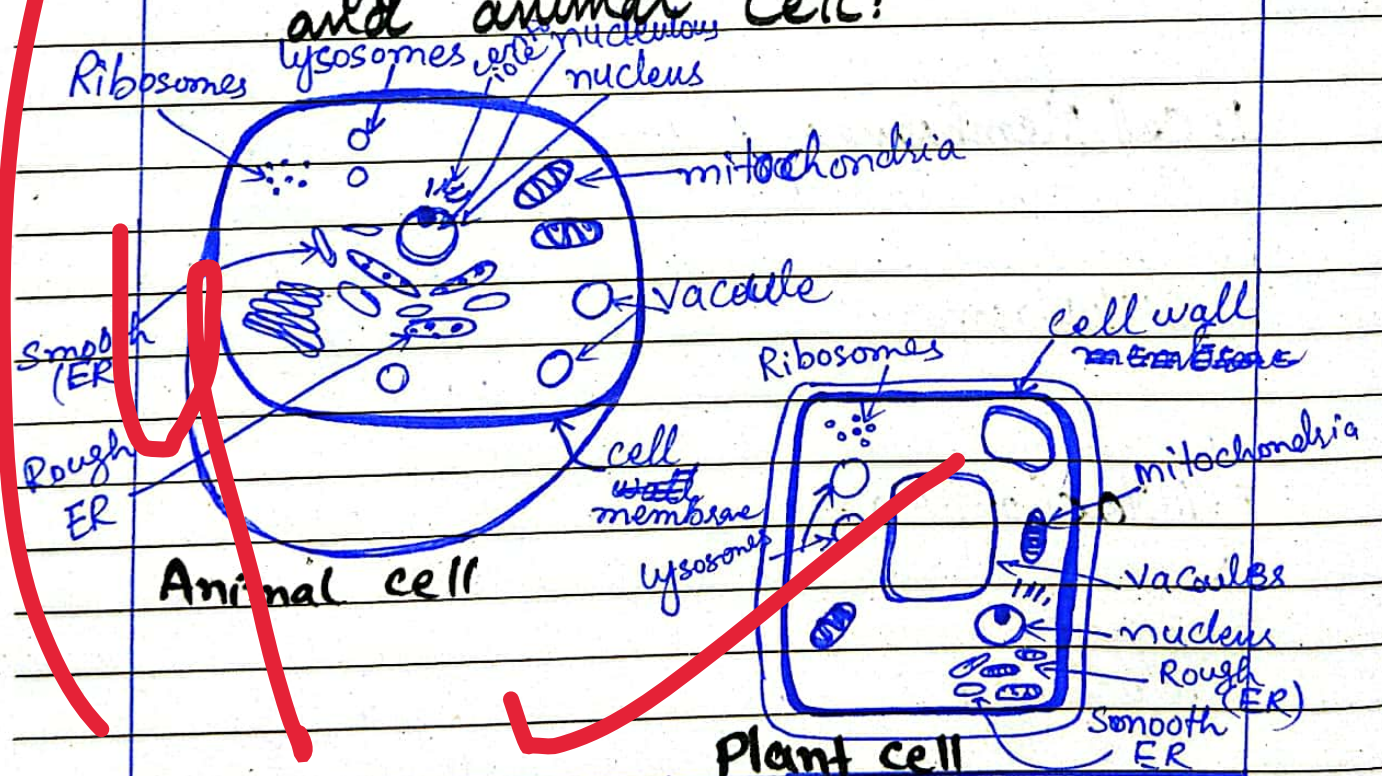
## 8: Lysosomes:

contain digestive enzymes to break down waste materials and cellular debris (more prominent in animal cell)

## 9: Cytoskeleton:

A network of protein filaments and tubes that provides structural support and facilitates cell movement and division.

## Difference between plant and animal cell:



Animal cell	Plant cell
1: Lack of cell wall	1: Lack of cell membrane
2: small, temporary vacuoles.	2: Large central vacuole.
3: Do not chloroplasts.	3: contain chloroplasts for photosynthesis.