

# Outline :

## 1.1 Introduction:

The frail gender often they termed as woman has no doubt achieved everlasting success in every field of life like education, health, politics and sports. However there are still some huddles in the progress, but with <sup>the</sup> mutual support and constructive role of men, these issue can be minimized.

1.1.2 What is the origin of the statement.

1.1.3 Thesis Statement

“There is no limit to what we,  
as women can accomplish”

(Michelle Obama)



1.2 Rebuttal to the ground where women empowerment is considered myth (anti-thesis)

1.2.1 less muscular strength compare to men - a biological reason

1.2.2 Socio-cultural differences - pushing females to gender define roles

1.2.3 Patriarchal pressure and less representation in world affairs

1.2.4 Limited empowerment in politics and Business

1.3 Rebuttal to the ground where woman is not a frail - brushing the myth

1.3.1 role of women in politics and as administrators - Fatima Jinnah, Benazir Bhutto as head of state

1.3.2 Women providing themselves in the field of science - Mother Teresa, and Marie Curie nobel prize winner

1.3.3 Women reaching new heights as skillfull mountaineers - Sumira Baid

1.3.4 Women testing their limits in the field of sports - Serena Williams and Maria Sharapova

1.4 How could the Myth of the Frailty of women be Countered?

1.4.1 To provide education and awareness to the masses

1.4.2 To break gender stereotypes and Patriarchal dominancy



1.4.3 To encourage men's role in supporting women around them

1.4.4 To help help women to be financially literate and independent

## 1.5 Critical Analysis Conclusion

### The Essay

Certainly, woman plays a vital role in the existence of life. Being mother, wife, sister or daughter she proved her best to built a sustainable environment in the given role. Instead of these everlasting results in her society given roles, female is still confined to words like 'frail', or 'weak'. Although her strengths are suppressed by patriarchal dominance or societal pressure, yet she compete with men in every field of life.

Considering weak on biological basis or the muscular strength didn't prove yet as frail really. The gender defining roles as homemaker, caretaker, or cleaner, are primarily encouraged in developing nation where women rights are suppressed. However, women beyond doubt got remarkable role like in every field of life like politics, science and technology, education, and sports.



Women like Fahima Jinnah in the field of politics has remarkable contribution in the nation interest. Standing side-by-side with her brother Mohammad Ali Jinnah, she not only bust the misconceptions of women as 'frail' but also proved that women are ~~not~~<sup>neither</sup> biologically nor culturally weak.

Additionally, we can't ignore the role of woman as an administrator such as Benazir Bhutto - the first female head of a state. Women like Mother Teresa who ~~seem~~ sacrifice their entire life for humanity. But still the majority of woman's population are not that much independent rather they are suppressed in cultural and traditional myths. The statement "frailty, they name as woman" ~~stated~~ Shakespeare's in his play define a weak nature of female, when Hamlet's mother remarry his uncle soon after his father's death." This is where the statement originates.

Now, it is essential to determine whether the statement or not it holds true today. In 21<sup>st</sup> century woman has reached to almost every limit and field that was previously considered impossible to her. However, the statement is still in favour primarily in developing countries. Instead of making almost 49.79% of total population only 25% of women representation is counted in the world parliaments. The conventional mindset and challenges in the third world countries suppressed women role in politics and world affairs.



Looking towards a third world country like Pakistan, where women ~~role~~ is confined to the traditional roles as homemakers, caretaker and cleaner. Especially in the rural areas due to the stricken patriarchal mindsets, they are even deprived from getting their basic rights i.e. education, health. One of the major reason is the Feudalism, where sending females to pursue education is considered a shame to their dignity.

Another reason women are considered lesser being than men is that of social nature, the society humans have developed from centuries is predominantly patriarchal. Men holds prominent roles of breadwinning, and women are mere object of honor, - Thus they're pushed to play subservient roles in the family life. It is evident from a common Pakistani house hold wife routine like cooking, washing, cleaning, and bringing up the children. Thus women in Pakistani household or other developing nations don't enjoy privileges of contributing their roles in other life spheres.

The Third reason, why women are considered weak is judging her from biological perspective. Being physically less stronger or but differently, the world perceive her as 'weak', but this belief fail to explain how a woman's body endures the painful <sup>rendered</sup> process of childbirth. So, women are weak because they look



Despite of the concept, women in 21<sup>st</sup> century proved herself determinant st and strong. Women have started getting into more decisive roles in political arena. Taking plenty of example from Pakistan i.e The role of Madr-e-Millat, Fatima Jinnah in the freedom moment of Pakistan. Providing herself her services for a national interest and goal to achieve a seprate homeland cannot be ignored. Similarly, in the administrative role Fatima Benazir Bhutto as the first lady prime minister in word. The hold on such power-ful position, she burnt the myths of considering woman as frail. Not only in the political field, women have accomplished high targets in science field as well. For example, Marie curie contribution in the field of Chemistry is remarkable, on which she won the nobel prize in two different fields. Likewise Mother Terese sacrifices her entire life for humanity and aid work. Especially <sup>from</sup> building orphan homes to nursing homes for AID and TB patients.

Another remarkable women role in demolishing misconception to consider her frail gender, is involving in rigorous training and exercise in the field considered appropriate for males. Women prove herself skillful mountaineers by reaching new heights and the name of Samina Baig (First lady to climb ~~See~~ Mount- Everest) cannot be forgotten. By touching the greatest heights she proved that women are not ~~been~~ ~~for~~ weak creatures.



Beside all these, women also in front of testing their limits in the field of sports arenas worldwide. For example serena williams and Maria Sharapova the renowned tennis players who have won many tennis prizes. These medals and trophies not only praised them but also an honour for all the women in the world.

Last but not the least, women have worked to the top of armed forces as well. Lieutenant (Lt) Gen. Nigar ~~Begum~~ Johar has served the greatest army of the world as first female Lt. General. she proved that no matter how hard the role whether at home or outside, women can handle it with great courage. Moreover such women have definitely open new doors for their fellow to work beyond the society defined roles.