

Global Warming disrupts human mental and psychological health.

The mental and psychological health of human beings are vulnerably disrupted by global warming. It exacerbates mental and psychological health conditions, including depression and anxiety disorders. With global warming, the rate of aggression increases over time. The suicides, especially violent ones are common with recent increase in temperature. For example, the 1°C increase in average monthly temperature increased the suicide rate by 1.28% and 2.11% from 1990-2010 in America and Mexico respectively (Higher temperature increases suicide rates, Marshal Burke, 2018). Furthermore, disasters such as floods, hurricanes and bush fires caused by global warming are often associated with stress-related psychiatric disorders. For instance, a study conducted on 130 people of ~~study~~ flood affected areas of Pakistan showed post-traumatic stress disorder

(ncbi.nlm.nih.gov, effects of flood, 2023). In summation, the well being of individuals and communities worsened by the direct impacts of global warming.

words = 146

Rain and floods cause vector-borne diseases.

Heavy rain and floods due to global warming cause vector-borne diseases. They create a breeding ~~vector-borne~~ ground for vector-borne disease.

Stagnant water left behind by receding floods provides ideal habitats for mosquitoes a prime carrier of these diseases. Malaria

epidemic after the flood is a well-known phenomenon in endemic areas. For example, around 2.65m malaria cases were reported in Pakistan after the devastating floods of 2022 (WHO.int, Malaria, 2022). Additionally,

the disruption of sanitary conditions during heavy rain and flood lead to surge in ~~rodent~~ rodent populations. These rodents are vectors for induce diseases like leptospirosis for

instance, during the rainy season, the highest number of leptospirosis cases reported in Thailand (Effects of floods,

St. Sudarat, 2021). In conclusion, rain and floods create ideal conditions for the spread of vector-borne diseases.