

Nothing shakes the smiling heart

outline

1. Introduction

A smile is the universal act of kindness

2. A smiling heart has ability to face any difficulty

3. A smile is a best therapy

4. peace begins with smile

5. smile is the secret of ~~happiness~~ ^{success}

6. conclusion

Smile is a positive attribute that boosts up the confidence and spreads peace. It is a universal act of kindness. One who smiles has the guts to face any kind of difficulty in the life. Additionally, science has proved smile that it can heal the mental damage and help in recovery. Smile is ^{one of} the most convenient tool/act of peace it can abate or resolve the issues. It is something which helps in socially, politically, religiously aspects to grow up. It is rightly said that "A smile can say a thousand words without speaking one."

A smiling heart has the ability to face any difficulty. A person who smiles has the ability to face anyone's harsh words or behavior. He can ~~face~~ smile ~~with~~ when

dishearted, ~~or~~ betrayed or has faced any sort of loss. His smile gives him the solidifying confidence and he knows how to win the world. Therefore, it is rightly said that a smile has power to win over a million people without fighting any battle."

A smile is a best therapy. In today's advanced era where most advanced treatments and medicines have been invented but science itself has verified that smile can heal a patient in a smooth and best way. Albert Einstein, who is considered a synonym of intelligence, was considered a handicapped child because he could not walk until four and speak until seven. ~~But~~ he was taken out from school but his mother replied with a smile to him, when he asked the reason of retardation, that he is so intelligent the school can not teach him. Thus P. Diller has rightly said "A smile is a curve that sets everything straight."

"Peace begins with a smile" is undoubtedly a valid saying of Mother Teresa. The smile can mend the worst issues and can bring the worst enemies together. Hazrat Umar Farooq and Khalid bin Waleed were the personalities who were against the Islam. But the constant struggles of our beloved last Prophet (PBUH) with smile and patience brought both of them in the horizon of

Islam and they later on proved the best entities and companions of Prophet Muhammad (P.B.U.H). Abdullah Ibn Haarith said, "I have never come across a person who smiles as the prophet Muhammad (P.B.U.H). Islam teaches the lesson of fraternity and fraternity brings peace."

Smile is the secret of success because it is the attribute that makes the man stand ~~even~~ calm and serene even in a tempo.

The well known personality of Pakistan, Abdul Sattar Eidi who all the time claims that "my religion is humanity" helped a large number of people who really needed that. He stated that "In my childhood my mother would give me two rupees; one for me and the other to spend on a needy one and I would spend that with a whole hearted smile". And today he has the world most huge volunteer ambulance system.

Thus, Thomas Paine has rightly said that "The great man smiles in trouble, gathers strength from distress and grows brave by reflection."

To conclude it it can be vividly said that the maxim of Santosh Kalwar

manifests the reality of the smile that it is something, if a person is bestowed with, that can face any difficulty, and can defeat any disease. Even smile can bring peace and it is the secret success of life. As it is said, the most beautiful kind of smile is that one; that struggles through tears."