

ACADEMIC PARAGRAPH STRUCTURE(Sub-heading: Negative effect of social media on youth)

Topic Sentence	Social media has several negative effects on youth, chief among which is Fear of Missing Out (FOMO).
Explanatory or Reasoning sentence	FOMO encapsulates the anxiety and apprehension people feel when they believe others are experiencing more fulfilling events and they are being left out.
Supporting Point (1)	Studies show a strong correlation between FOMO and increased anxiety and depression especially in younger demographics. The relentless pursuit of staying updated on other's lives, negatively impacts mental well-being.
Example (1)	According to a survey, 56% of social media users experience FOMO. 45% of people who experience FOMO can't go for longer than 12 hours without checking social media.
SP 2 (optional)	
Ex 2 (to be written if SP2 is given)	
Concluding Sentence	In short, social media causes mental and physical disturbance in those who over rely on it.

(No. of words _____)