

(Chreia 2012)

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The Pursuit of Happiness

There are several psychological causes of sadness. A common example is of a man who made the thing his source of happiness that he did not have.

Another approach to deprivation is distraction rather than satisfaction as in the case of a drunk person. Some crazy people believe in the possibility of happiness while those who prefer to be under influence have surrendered. Men take ownership in being unhappy, however, only a few would choose to be so. It is believed that wise people experience such things that lead them to believe that life is not worth living. Such people are proudly unhappy, making others question whether they are actually miserable or not.

words = 113.

1. Why most of us fail in our efforts for self-improvement?

Ans. According to the writer, most of us don't succeed in our efforts for self-improvement because the techniques we tend to apply are too rigid and we have no time to deliver. In the ^{our} excitement, the goals are ^{set} too high whereas the time required to achieve them is never present. The task of self-improvement, therefore, is never fulfilled.

2. Why is it a basic mistake to announce our resolution to everybody?

Ans. It is a basic mistake to announce our resolution to everybody because if we fail to achieve our goals, we seem like fools. When everyone knows of our resolution, they tend to check up on us; giving us no margin to slip. However, the only person who is foolish at the end is the one who shares his aims.

-Sentence correction:

(i) She recommended me that I take a few days off from work.

correction: She suggested me that I take a few days off from work.

(iii) I tried to explain him the problem, but he had difficulty understanding me.

correction: (Not sure - kindly tell)

(iii) Kevin says he stopped travelling internationally because of his family.

correction: Kevin says that he stopped travelling internationally because of his family.

(iv) We took a tent, a cooler and a sleeping bag.

correction: (Not sure - kindly tell)