People have become overly dependent on Technology

1) Introduction:

"While we are very dependent on Technology, it doesn't always work" — Bill Gates.

In this digital age, Technology has become an integral part of our lives. From communication to education and healthcare, its use is seen in every aspect of our daily life. Because of its ease and efficiency people resort to using Technology for many different purposes. This may be viewed as being dependent, or more precisely over-dependent on Technology. The 21st century has witnessed humans becoming tech slaves due to their over-reliance on Technology. It has even influenced their decision-making abilities. It has made humans so addicted to it, that for them living without

technology is like living without air. Technology has led to a decline in real life communication. Students prefer the use of e-books and generally e-learning. Over-reliance on technology affects our thinking, creativity and productivity in a negative way. Still we see many instances in which human dependance on his/her mind is greater than technology such as practical demonstrations and in areas where technology is not accessible. People, especially youth, however prefer the ease and efficiency provided by technology.

2) The use of technology and how the population relies on it.

3) Overreliance on Technology can be seen in various aspects of our lives.
   a) Decrease in face-to-face communication
   b) Decline in traditional classrooms.
   c) Patients are more likely to rely on virtual consultations.
   d) less productivity in workspace

e) Creativity has been negatively affected.

4) Humans still carry out many day-to-day activities without the use of technology.
   a) Social gathering is an everyday happening
   b) Many students still prefer hand on learning experiences.
   c) Medical/Dental procedures cannot be performed through a screen.
   d) Workplaces in rural areas still prefer humanforce.
   e) Advancement in technology is a creation of human mind.

5) People love things to be easier and Technology helps with that.
   a) People are less worried about being thousands of miles away from their family and friends.
   b) Students prefer e-learning for Comfort.
   c) People resort to internet for answers regarding their health.
   d) Work tefrom home is being increasingly

popular / common.
e) AI has implications far beyond our imagination.

6) Conclusion.