

You are not a tree, move on

Outline

1. Introduction

Thesis Statement: Individuals have the ability to move on and not be rooted like a tree.

It is important for individuals to maintain resilience as society progresses because being rooted ~~like~~ ^{can} stagnate ~~a tree~~ individual growth. However, by encouraging change positive impacts can be contributed to the society.

2. Understanding the phrase, you are not a tree, move on

3. Why do individuals avoid moving on and remain rooted like a tree

a. The fear to leave their comfort zone

b. Lack of courage to face failure

c. strong societal norms discourage individuals to move on

d. The inbuilt cultural practices hinders/creates barriers for individual to move on

e. The lack of support hinders individual to take a step towards moving on

f. Low self-esteem in individual restricts their growth opportunities

g. Human behavior resist change

4. Impacts of moving on in life

- a. It helps to bring innovation in the society
- b. Moving on in life helps individual in developing good habits
- c. It creates new opportunities for the individuals
- d. It helps in promoting cultural diversity
- e. Individuals mental and physical health is improved when they adapt ^{for} change

5. How moving on at broader spectrum brought a change at global level

- a. The suffrage movement led to the development of women rights and integration in the society
- b. Moving on aided in revolution against monarchic culture to democratic era
- c. The Muslims in the subcontinent were suppressed, however they moved on by setting up two nation theory
- d. After the end of World War II the allied power moved on and created United Nations to maintain peace
- e. Adapting measures to overcome threats from Climate Change

6. Conclusion

Attention Grabber.

Once a man hustled on the road side selling pens, but when ^{he got} a chance to work in a store and earn Rs 1000 a day came his way, he embraced it. His journey from pen seller to a successful bread winner teaches that an individual is not rooted like a tree, one can move, grow and seize opportunities in their path. [55 words]

Introduction.

Individuals avoid moving on in life and remain rooted like a tree, because they fear to leave their comfort zone. The lack of courage and societal expectations also hinders the growth of the individuals. The strong inbuilt cultural practices, lack of support and low self-esteem restrict individuals from the growth opportunities. Apart from this, the human behavior responds late to changes in life. Moving on in life has significant impact on individuals' life. It brings motivation, innovation and opportunities for the individuals. It also promotes good habits and well-being of the individuals. Historically, it is evident that moving on in life has resulted in global change. The suffrage movement led by

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women lead to integration of women in the society. Moving on in life has also resulted in to overcome monarchic culture. As Muslims in the sub continent were suppressed by Hindus, they moved on and lead the campaign of two-nation theory. It is evident that after world war II, no other ^{destructive} war is fought with the steps and help of allied power which had maintained peace. Moreover, the climate activist have taken steps to overcome the threats of climate change by spreading awareness. Individuals have the ability to move on and not be rooted like a tree. It is important for individuals to maintain resilience as society progresses because being rooted can stagnate individual's growth. However, by encouraging change positive impacts can be contributed to the society.

Total Introduction words
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