

Comprehension : 2023

Ans: 1

Happiness is perhaps the most important thing in life for most of the people. It may seem that material wealth is the biggest guarantor of happiness but that is not true. The data from 2012 Happy Planet Index (HPI) reveals that North Americans and Europeans who possess the most material wealth are not the happiest people. Thus, it can be said that there is no direct connection between material wealth and happiness.

Ans: 2

The author characterizes 'Voluntary Simplicity' as a movement that ~~has~~ initially began as an experimental lifestyle and then evolved into a revolution. This revolution then spread through books like 'Voluntary Simplicity'.

Towards a life that is Outwardly Simple, Inwardly Rich, as well as magazines, alternative communities and internet websites. Growing awareness has also assisted in the spread of this movement.

Voluntary Simplicity as a philosophy refers to a voluntary effort eliminate all those things, patterns, habits and ideas that control ones life and distract him from his inner self.

Ans: 3

An impact of growing consumerism in the modern society is the urge to buy unnecessary products and services. This urge is hard to resist since the advertisements bombard people with the message that without these products, they are unsuccessful, undesirable or unimportant.

Ans: 4

In the economies that driven by consumer culture and a drive for

ever more, people find it extremely hard to cut down their consumption patterns - This is because in those societies, less consumption is erroneously linked to poverty and social inferiority. This notion makes it harder for people to lower their consumption patterns.

Ans: 5

Voluntary Simplicity offers several rewards but there can be some challenges too. It may need people to strike a balance between what they want and what they actually need. This may involve resorting to Reduce, Reuse and Recycle strategies, making a fiscal budget and cutting down on unnecessary expenses. Its rewards include conserving resources for future generation, having more time to spend with family.

and friends, less stress, more
satisfaction, better health and more
fulfillment in life.