Human rights are the first causty in any conflict.

1. Introduction

Thesis Statement: In any conflict, human rights suffer the most. The suffering of civilians in war zones stems from multiple factors, encompassing political, economic, and social dimensions. In conflict zones, a multitude of severe human rights violations occur, significantly affecting individuals and communities It is imperative to implement comprehensive policies and atvategies, including enhancing the role of International organizations and the media, to minimize human sufferings to the greatest extent possible

- 2. Co-relation between conflict zones and luman rights.
- 3. Unveiling the underlying factors leading to luman rights violation
 - a) Political instability paving the way for human rights violation
 - 6) Economic disparities create conducive
 - C) social disparities: Us Vs Them

d) Tactics of terror: Wiltant strategies and their dire impacts on Human rigot violation. e) Displacement and refugees cross contributing to rulnerability of populations Multifaceted Spectrum of luman right violations in any conflict. a) Mass atrocities and general b) Forced displacements c) Mass arrest: crushing human rights in confocts d) Suppression of Freedom of Sympsison. e) Hunger amidst chaos f) Reychological Traum g) Suppressing Children's right to education h) Infrastructure devastation: Impact on human rights 5. Strategies for protecting human rights in conflicts. a) Fostering Global Guardianship: Strengthening International organizations to respond quickly. b) Strengthening Rule of Law. c) Empowering Media for human rights advocately. d) Ensuring support of refugees and IDA. Cose studies a) Isael - Palestine contact b) Kashmir konflict c) Russa-Ukine conflict Remain to the poin Avoid adding 7. Conclusion. unnecessary details