

Women are the most vulnerable when it comes to status of health in Pakistan. This alarming situation stems from a variety of ~~weaknesses~~ <sup>factors</sup> resulting ~~from~~ <sup>in</sup> low social, economic and ~~cultural~~ <sup>During</sup> standing of women. ~~In~~ a course of domestic or financial crisis, women are generally expected to be the absolute caregivers of the house neglecting ~~her~~ <sup>their</sup> own needs. Hence, during shortage of food, ~~but~~ biasness in food distribution leads to nutritional deficiencies among women. WRA claims that 41-77% of women in Pakistan are anemic due to these nutritional deficiencies. Thus, majority of the women in Pakistan struggle with their health owing to biasness and economic crises.