

Human rights are the first casualty in any conflict

1. Introduction

Human rights are the root cause of conflict and insecurity which results in violation of human rights. The countries where all human rights are protected are less prone to conflict and have increased resilience to withstand unexpected shocks such as those resulting from pandemics or climate change.

2. Overview of human rights conflict.

3) Causes of human rights violations in any conflict

- a) Lack of Participation in decision making
 - b) Unaddressed Grievances results in conflicts
 - c) All forms of discrimination and inequalities are important factor in crises.
 - d) lack of basic needs such as food, housing, employment opportunities and limited access to education.
 - e) High incidence of mortality in any pandemic or war.
 - f) Genocide and torture in any conflict.
- #### 4) Impacts of casualties:-
- (a) Social and political unrest
 - (b) Casualty in human rights results in unsustainability and instability.
 - (c) Without freedom, Individuals would be

subject to the will and control of others.

- (d) Social injustice and Inequality dominates
 - (e) Trauma and emotional distress due to Genocides in war.
- 5) Way forward: How casualties can be overcome:
- a) Human right mechanisms including treaty bodies and special procedures in addressing issues.
 - b) Rule of law should be dominant
 - c) Role of NGO's in protecting social rights of human beings.
 - d) Role of UN to combat challenges faced by human beings.
 - e) Preventive measures of organizations in overcoming challenges faced by a pandemic.
- 6) Conclusion: