

# Topic = Pros and Cons of Remote Work in Digital Age

## Outline

### 1. Introduction

- a) Quotation of Evan Williams
- b) What is Remote work?
- c) Thesis Statement

### 2. Pros of Remote Work in Digital Age

- a) Ensures flexibility and work-life balance
  - i) Survey of FlexJobs presents ratio of satisfactory people
- b) Reduces workplace distractions, leading to increase productivity
- c) Saves cost of commuting, work attire and meals : Employees can save \$2500 to \$4000 annually by working remotely (Global Workspace Analytics)
- d) Breaks down geographical barriers,
- e) Removes costs incurred for office space and travelling
- f) Enhances earning prospects and job opportunities

### 3- Cons of Remote Work in Digital Age

- a) leads to the feeling of isolation and lack of collaboration
  - i) Harvard Business Report gives insights into this
- b) Increases potential for distractions
- c) Raises security concerns regarding company's confidential projects
- d) Poses difficulty in monitoring performance
  - i) Survey of Gartner says 36% of organizations have implemented security-related technology
- e) Hinders benefits in areas where there is non-uniformity of internet
- f) Effects the health of employees

### 4- Recommendation to Reap Benefits of Remote Work

- a) Implementation of Robust communication Platforms
  - i) Regular check-ins and virtual meetings
  - ii) use of advanced and customized tool to bridge gaps

- b) Prioritization of Employee wellbeing
- c) Strengthening of cybersecurity measures
  - i) Training of Employees on cyber security best practices
- d) Fostering a culture of trust

## 5. Conclusion

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### Essay

"Going back to the office everyday does not seem attractive. And never going back to an office again seems tragic" says Evan William. The advent of digital age has revolutionized the way we work, giving rise to the widespread adoption of remote work. While this paradigm shift offers numerous advantages, it also presents its fair share of challenges. The benefits of remote work, nevertheless, are alluring for the employees making them stick to it. Remote work gives an environment of work-life balance through customized schedules. Moreover, the ratio of productivity increases which contributes positively to the output of organization. Furthermore, remote work saves cost of maintaining

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a physical workspace, cost of commute and utilities. In addition to this, it allows the integration of people across the world into a global village. While the pros of remote work are numerous, the cons are in a considerable number. Online work can result into misinterpretations and a breakdown in team cohesion. Second, it has negative impacts on focus as it does not contain structured office environment.

Third, it poses serious security threats to the organization and makes integrity of data vulnerable. Last, the difficulty of monitoring the employees is another hindrance towards discipline oriented environment. However, there are ways through which the repercussions could be overcome to a significant extent. Ensuring the implementation of security and communication platforms and building trust in employees with surety of their wellbeing are steps in the right direction. This essay will discuss the pros of online working like flexibility and cons like discipline management issues with way forwards to reap the benefits of this increasingly opted method of earning.

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Remote work is convenient in a plethora of ways for the employees. One of the benefits of it is the option of customized schedules. Employees can opt for working hours according to their availability and considering their own productivity patterns. This not only promote a work life balance but also give extra time to analyze one's strengths and weaknesses. According to the survey of FlexJobs, 84% of respondents believe that they can balance work and life more while doing remote job.

Furthermore, the quality of life improve due to the availability of time which would have been used in travelling if working at office. "The average commute time in the United States (US) is 27.6 minutes." (US. Census Bureau). Saving time of commute and using preference-based schedule enhance the productivity and satisfaction of employees.

Moreover, remote job eliminates workplace distractions leading to increased productivity. Employees often have the flexibility to choose conducive environment potentially boosting their efficiency. A study of Prodos were found a 47% increase in employee productivity during pandemic. Also, the potential

involvement of employees in controversial conversation is avoided due to online work. This way, employee's focus remains on tasks; thus, increasing the concentration. The increased focus on tasks gives efficient and non-redundant output through which the organization can boost their businesses. According to Harvard Business Review, 61% of respondents reported being more productive while working remotely. The ratio of employees being productive at remote job illustrates the significance of the mechanism.

Furthermore, the cost saving aspect of remote working make it alluring for the organizations and employees equally. The companies do not get burdened due to cost-effectiveness of this process. The more the departments shifted to online and virtual space, the less the cost to be incurred for the office space. "Companies can save \$11,000 per year for every employee who works remotely half the time" (Global Workplace Analytics). The costs saved from utilities can be used on performance based incentives which can further

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boost the morale of employees. In addition to this, the employee can save the cost of meals and work attire. These savings leads to an increased disposable income. "Employees can save \$2500 to \$4000 annually by working remotely." (Global workspace Analytics). Remote work is cost saving for the organization and the workers to a great extent.

Similarly, another prominent benefit of online job is the breaking down of geographical barriers. This phenomenon allows companies to hunt talent across the world. Had this not been applied, the diversity among workforce would not have been realized to this level. "32% of remote workers are from different countries than their employer." (Survey of Buffer)

The world has been and is in the process of globalization. In this era of global village, it is imperative for the nations to integrate with the leading world. Through this, nations can serve their very interests at large. The recruitment of Global North's employer from Global South can bridge the gap between developed and developing world expertise in particular fields.

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likewise, the earnings of employees and opportunities for growth increase due to remote work. Employees can demand salaries and cross boundary communication and expertise enhance their prospects. Of the aforementioned pros, the most attractive one for online workers is salary based on employer's currency. The employees from developing countries can earn handsome amount to satiate their needs. Case in point is of Pakistan, the value of rupees against dollar depreciates frequently.

Value of rupee against dollar in 2018 was 178 whereas as of 2024 it is 303 rupees per dollar. The phenomenon of devaluation of local currency benefits the remote workers employed abroad.

Also, growth opportunities increase due to cross boundary experiences. This further strengthens the profile of employee.

While there are prominent advantages of remote work, there exist pressing issues like threat of security breach, frequent events of procrastination, non-availability of internet in far flung areas and discipline management. Next discourse will discuss the adverse impacts of remote work on both employer and

employee -

Remote work has number of disadvantages, one of them is the feeling of isolation among employees. They get rigid in thoughts due to non-availability of office environments. The teamwork spirit is also affected at large because they work continuous without face-to-face and physical interactions. According to Harvard Business School Review, 46% of the remote workers cited loneliness as a significant challenge. This reflects the intensity of the issue as a good number of people reported it. Furthermore, the absence of face-to-face communication can result in misinterpretations and a break-down in team cohesion. While working, people encounter fellows who practice different religions, thus their interpretations to different things vary. For example, white color in muslim communities is worn on funerals whereas same is the color for bride's dress in Christian communities. This reflects the interpretation of one color by two distinct communities. As a result, xenophobic ideas and instincts create space among employees.

Second, working from home may expose employees to various distractions, such as household chores, family interruptions or the allure of non-work-related activities. Employees' performance get affected by external factors to a great extent. A survey by FlexJobs reported that 32% of respondents cited household chores as distraction while working remotely. In the same manner, lack of structured office environment impact the discipline and focus for some individuals. Frequent and prolonged delays due to distractions impact the overall performance of employee. The frustration due to interruptions also reflect in the work of employee.

"22% of respondents struggled with maintaining focus during work." (FlexJobs survey). The dependence of remote work on internet further creates space for distraction as notifications keep popping on your device. Therefore, the efficiency's downward trend is quite evident in remote work.

Third, security threat is the pressing issue in remote work. Companies need to build security platforms due to their vulnerability.

to security breaches. Most of the companies shift their data to cloud which poses cybersecurity threats. Remote work introduces cybersecurity challenges with employees accessing information from various locations and devices. "63% increase in cybersecurity attacks reported during the pandemic when most of the businesses shifted online."

(Cybersecurity Ventures) Confidential information may be at higher risk of being compromised, if employees use unsecured networks. Hackers target large organizations often because they find them lucrative targets. Nations' sovereignty could also be compromised when institutions at state level are targeted. Therefore, the threat of cybersecurity breaches loom not only on corporate sector but also on state.

Fourth, managers may find it difficult to assess the performance of employees. Lack of direct supervision may lead to concerns about accountability and the quality of work produced. 36% of the organizations have implemented technologies to monitor employees during remote work. (Gartner Survey). Theimple-

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mentation of monitoring software have taken effect; however, the loopholes are still to be managed. According to a remote work watchdog report, 42% of employees felt pressured to be more productive during remote work. The pressure which employee face by the employer affects the mental health of former. As a result, the productivity is decreased rather than increasing.

Fifth, non-universal nature of the internet is a hurdle in achieving the objectives of remote work, especially the objectives of inculcating diversity and mitigating geographical barriers. Remote work exclusively relies on internet for the operations, while the lack of internet ~~does~~ eliminate the chances of recruitment from far-flung areas. As per the report of Organization for Economic Cooperation and Development (OECD), only 34% population has access to the internet in Indonesia. Even some US states ~~do~~ not have internet access in some places. This illustrates the grim picture of developments in technology in developed and developing countries. Unavailability of internet

hinders the benefits of remote work in some areas, consequently, much of the talent remain non-recruited by the international agencies.

Sixth, the adverse impact of prolonged screen time include degradations of health. The more the dependence on devices, the more the ~~inactivity~~ physical inactivity. Due to which, the ratio of obesity is drastically increasing to dangerous levels. Similarly, the dependence on gadgets can impair emotional comprehension, promote aggressive behaviour and hinder social competence. Excessive screen time adversely impacts the vision and even causes neck and back problems. So, spending staggering eight hours for remote work on devices dangers the health of worker.

Although, there are negatives of remote work like lack of face-to-face collaboration and monitoring issues but positives like mitigation of geographical barriers and spectacular growth opportunities outweigh negatives. There can be targeted sectors in this arena to be improved to overcome drawbacks.

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Remote work can be made secure, efficient, employee friendly and diverse through practical steps. These include the implementation of robust communication platforms. These platforms can offer virtual space for meetings. Likewise, the use of advanced technology for bridging gaps is a must. Furthermore, employees' well-being must be the priority of organization. Resourceful, productive and efficient employees make the cornerstone of successful organizations. Work from home is somewhat like long distance relationship, if there is no true care and affection, it will fall apart. Also, employees must be trained to best cyber security practices and secured protocols must be used to access confidential information. By following and implementing all these measures, the world can move one step forward in this globally integrated approach.

To conclude, in the ever-evolving landscape of work propelled by the digital age, the rise of remote work has become a defining

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feature. As we navigate the nuanced terrain of its advantages and disadvantages, it is clear that remote work is not merely a temporary solution but a transformative force reshaping the traditional notions of work. The dichotomy of flexibility and potential isolation, increased productivity and looming distractions, cost savings and risky security, necessitates a strategic synthesis. The digital age has provided the tools; it is our responsibility to use them judiciously. In doing so, we can create a work environment where the advantages of remote work are maximized, and the challenges are met with innovative solutions, forging a path toward a harmonious and productive future.