

Full Essay

Topic:

Creativity is the expression of human soul

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Human soul is the mix of multiple expressions. Among these, the core expression is his creativity of being adaptable to different situations. He responds according to the situation.

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Introduction:

Human soul is the mix of multiple expressions. Among these the core expression is his creativity of being adaptable to the different situations. He responds according to the situation. The ability of human being to adapt as per situation is his creative aspect that arises from the core of human existence. An individual has flexibility of behavior whether its about stress and crisis management or rationality in decision making, his stamina and calibre regarding a situation or the level of patience in some kind of triggering events, he behaves accordingly. He knows how to control his repulsive and aggressive behavior and is able to have self control over emotions. His attitude towards the society including the family, culture and religious obligations. He even adapts to the societal change. Furthermore, he performs certain duties as a citizen of state while being tolerant and inclusive as well as a responsible citizen of state and

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promotes community building. No matter what the situation or the role is for a human being he is creative enough to behave accordingly.

Adaptability and flexibility is the creative aspect of human soul. He knows well enough where and how to behave. He is aware of his nature and decides and behaves as per the situation. This nature of human being enables him to adjust in the society. Stephen Hawking was not wrong when he said, "Intelligence is the ability to adapt to change". When a crisis situation emerges, it's the test of human intelligence that how well he is good at crisis management. For example in case of a financial downturn, an individual will be able to decide what to do and ~~the~~ rather than being panic he will try to resolve the crisis. This is how he will adapt himself in a crisis situation.

Similar is the case with stress management. It is the ability of human being that

he can manage his stress and control anxiety and depression because he has control over his nerves and behaves accordingly. If he can manage his stress well, he can tackle the situation more rationally.

Rationality and decision making is the wonderful quality that human beings possess. An individual is able to perform the cost and benefit analysis of every situation before jumping into conclusion. This is the most creative aspect of human soul to rationalize his choices. A good example to quote here will be an individual buying a certain product from the market. He will prefer the product which will be cost effective and useful. An individual uses his ability to rationalize things at possibly every situation.

Human beings have the stamina and calibre to be responsive according to the environment. Along with stamina and calibre they have another beautiful quality of patience which enables

them to have self control even in some of the triggering events. These events are the true test for the control of an individual over his emotions. Human Beings are emotional in nature. It is the human nature that he will be triggered in some emotional cases. But, even being emotional he can tackle and manage a particular situation if he has self control. For example, if an individual's friend is murdered, the immediate desire of that individual will be to take revenge, but, if he thinks rationally he will have self control and will initiate legal proceedings. That's the beauty and creativity of human soul that it is flexible and rational enough to deal with different situations. The ability of an individual doesn't lie in the personal jurisdiction. A human being is equally adaptive towards the society he is living in. The first and foremost institution of the society is the family in which an individual lives. He knows how to behave in the family. He is aware of the treatment that he is obliged

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to give to particular family members. For example, he will not treat his sister the way he will treat his wife, similarly he knows how to behave towards children and how to treat elders. He has set different standards for each. So, he is adaptive even when it comes to the family level.

Beyond the family, he has also set standards for his relation towards society he is living in. He follows the cultural and religious obligations of the society. This behavior of the human being is basically adaptive. It differs from society to society. For example, a man living in Pakistani society preferably wears Shalwar Kameez as part of culture but, the same man will be adaptive to western culture once gets into the western countries. So, human behavior is adaptive towards religious and cultural obligations as well.

Another creativity of human soul is his response to societal change. As Charles Darwin has said, "It is not the strongest

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of the species that survive, nor the most intelligent, but the one most responsive to change." It's another beautiful quality of human being that he is even adaptive to societal change. Whether a society is going through technological innovation or the cultural or the ideological innovations, humans have the ability of being flexible according to the societal needs. It depends on the individuals whether to accept the change or not. John C. Maxwell has beautifully elaborated it as "change is inevitable. Growth is optional".

Therefore, human soul is adaptive towards the societal change.

Apart from individual and societal adaptability, in the contemporary world, human beings are also responsive and flexible towards the state they are living in. As the citizen of the state he has certain duties to perform. However, it depends on him whether to accept or deny the laws and regulations, reflecting his ability of rationality. Similarly he shows tolerance and

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inclusivity being a citizen of state and adapts himself as a responsible citizen in the state. He performs his duties as per the laws of the state. For example a man living in Pakistan has different duties and obligations than the man living in Saudi Arabia.

So, human beings have the ability to adapt to the laws and regulations depending upon the state, promoting community building.

To sum up, ability of human being to adapt, is creative aspect that arises from the core of human soul. He has adaptive nature at individual, societal and state level. Being an individual he knows how to manage different situation he can come up with like stress and crisis management, decision making and rationality, patience, repulsive behavior and having self control in emotional situations.

On society, from family to cultural and religious obligations, he has flexible nature. He is responsive to societal change. Besides he also is adaptive towards the state he is living in being a responsive and abiding citizen. At every level,

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creativity of being adaptive in nature is the expression of human soul.
