

Title: Various reasons of unhappiness

There are various psychological causes of unhappiness, all bearing commonality among them. A typical unhappy man attaches much importance to certain kind of happiness, which he fails to get in his youth. He emphasizes on achievement of this satisfaction rather than it's activities.

In present day, there is another common development, where man seeks distraction rather than satisfaction. for example, drunkenness, it only brings negative happiness. They believe in happiness but are mistaken on how to achieve it.

These unhappy men become proud of their unhappiness. They can be made happy by telling them happiness is desirable, though exceptions are always there. ~~But exceptions have to be~~

Exceptions comprise of people who are considered wise. In a way, that they have seen the world and realised now there is not much left to live for. They believe being unhappy is genuine attitude, not a miserable state.

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