

## Comprehension 2016

1) Most of us fail in our efforts ~~for~~ self-improvement because most people <sup>we</sup> set goals that are overly ambitious and idealistic. Rather than making SMART goals, that are attainable and measurable, ~~people~~ <sup>we</sup> aim for unrealistic goals that ~~they~~ later lose motivation for.

2) It is a basic mistake to announce our resolution to every body because (there is)\* it creates ~~an~~ added pressure as ~~everyone~~ pays close attention to our doings. Every body keeps ~~undue~~ check on our actions and if we fail to follow ~~or~~ ~~uphold~~ the resolution, ~~we~~ are <sup>rephrase.</sup> made to feel embarrassed in front of all.

3) The writer did not carry out

his resolution on New Year's Day  
as he was partying in the entire  
night on New Year's Eve. It  
gave him a good excuse to not  
keep his resolution of exercising  
in the morning and reading in the  
evening

need improvement  
attend to pointed out mistakes

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