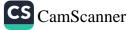
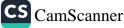
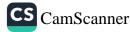
Status of Women Empowerment en Paristan Outline : Introduction: 1. Thesis Statement: serves Women in lakistan ace numerous obstacles to avail due rights, and it is national responsi to help them break pree from these and empower them. obstacles 2. Constitutional Rights of Women in Paristan: Equality before Law (Asticle 25) 2-1 Prohibition, of Discrimination (Acticle 2.2 25(3) Righto to life and liberty (Article 9) 2.3 Fundamental Rights (Chapter I, Part I) 2.4 of Constitution) Protection of Resperty (Asticle 23) 2.5 Righto to Education (Astrick 25-A) 2.6 Equal Employment Oppurtunities (Asticle-2.7 27) 2.8 Right to Health (Fundament Rights)



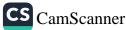
Rights granted by Islam to 3. 3-1 Right to Education - Seeking knowledge Obligatory Right to Marraige and family life . Right to choose spouse 3.2 · Right of Mahr: · Right of Divorce good well researched content nomic Rights · Right to own property · Right to Earn - Example of Khadija Bint & Khuwailid Right to Inheritence Share in the property of 3.4 Parents, Husband, and Son Right to Respect and Honor-3.5 Behavior of Prophet with Harrat Fatima Exploitation of Women Rights in 4. Patistan. Barriers in getting Education · Example of Malala Yusufzai 4.1 · Report of Pakistan Alliance of Girls Education . Early marraige disturbs Schooling · Freperquice of Son over daughter



. Sick mentality and Trust issues . Harrossment at Educational institut -58 cases at 7 universities in Islamabao 4.2 Women pacing challenges in accessing proper healthcase · Maternal Mortality - 186 deaths out of (00,000 birdhs · contraceptive prevalence rate is just 35% · Highest Break cancer rate 5 in Asia :5013%. · Highest diablese psevelence in Asia: 17:8% women compared. o 16.2% man . Forced Child Marraiges 4.3 efore 18 (UNICET Report) · Case of Reehal Saleem · cousin marzaige tradition without consent. 4.4 Gender Based Violence and Honor Kelling . Global Gender Grap Report 2022 10,000 cases of viplence in Punjab in 2023 (Human Rights Whitch)



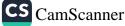
· Acid attacks - Saving Face of Sharmin Obaid · Honor Killing : Qandeel Baloch case Girl in the River by Sharmin Obard 4.5 Rape and Sexual Violence · Case of Mukhtaran Mai · Quote of Murchfar an Mai · Fatima Fusico Case · Zainab Case · Nook Mukadam case · Hate towards victim · Masital Rape Mays to Empower women and 5. Secure their Rights: Access to quality Education 5.1 · Scholazship and teansport pacilitation por girls · Elimination of brarrassment at Educational Institutes · Awareness of Parents about 5-2 importance of girls Education. Better Health Services 5.2 · Legal Asamework for consent of women for conditioning child.



· provention Deliverses at home Sahat Carols for Women · Allocation of more budget for Women's healdh. 5.2 Increasing the political pasticipa tion of Multiplying the guota of women in Political Parties Leadership · Promoting Female Eradication of Gender Base 5.4 Violence and Serval amesment Establishil Nomen Help centers in Rusal Aseas - Example of Canada Establishil-Vomen · Teaching Self defense to girls. · Empowering media to aware masses Conclusion:



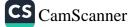
good imaginative start keep it up Homen in society are like the stars in the hight sky often taken bor granted, yet without thew, the world would be plunged into darkness- Momen give birth to Society and make it developed -through its endurance and hidden Struggles Though, Women's Rights are not taken in Consideration, while taiking on human sights Homen share nearly half of the Espulation in Pakistan, but they seem mostly unvisible from public, political and Social platforms of life. Moreover fundamental zights of women like health, education, security, freedom of choice, property and employment by are granted by both Constitution of Reistan and Islam. Although Pakistan is an Islamic Republic, yet its society hinders the basic women rights given by its Adigion. Women in Pakistan Jace numerous obstacles to avail their due Rights and its is national responsibility to help them break free from



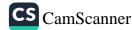
these obstacles and empower them. Fortunately, all fundamental rights to Pakistan grants numerous rights 40 women to guarantee their wellbe and prosperity. The Constitution wellbeing guarantee equatity before law and prohibits discrimination on the basis of Sere, ensuring that men and women have equel legal standing. Further, Acticle 25(3) allows for affirmative action in favor of women, such as special provisions to protect and promote their interests in Society. Under Deticle (9) Women are entitled to protection of life and liberty. Moreover, Chapter I part I of the constitution states that women are entitled to all fundamental zights, such as freedom of Speech, religion, assembly, and association, which ensures their protection in public life and decraion making. Momen are not barred from their economic sights in constitution. Acticle 23 affirms women's sight to own property and inherit assets. Inheritence laws are also guided by Islamic Principles. Education is the pillar of Social framework that swhy constitution



guarantees the sight to free and aged to 16, which applies equally to girls. Momen are not only bounded to four walls they are given equal sight of Economic oppurturities. The Constitution prohibits discrimination in employment, ensuring that women can access equal job oppustuities and work under equal conditions as. Even, women guotar are also included in job oppurtuitier. Mahatma Grandhi rightly said. "It is health that is real wealth. not pieces of gold and silver." Thesepore, to ensich women & with this wealth of health, constitution of Parcistan provides aight of quality healthcase to women in its fundament rights-Further, Islam is the pillar on which strong standing of Pakistan is constructed. Islam as an idelogical concept of Pakistan's society ensures the fundamental sights of Women. Education is a very important concept of Islam as the prist Revealation was also about reading.



Therefore, Islam places a greater emphasi ou the importance of knowledge f Muhammad (PBUH) Said, "Seeking Knowledge is obligatory on every, Muslim (Male and female). Islam gives women precalour to marry on their will and manage their paulity lives. Istam requires woman's consent for mazzaig, and forced marzaige is prohibited. The Prophet Muhammad (PBUH) Sziet." A woman cannot be massied until she gives her consul? Moreover, women have the right to reavere Mahr from their husbands at the time of marsaige , which it personal property and cannot be faren angay. In addition women are not bound to face coercion and tosture by husband. It she is unhappy she can seek divorce too. Along with this, women are given the right own and manage property. The Queen emphasizes that woman should recieve a share of inheritane. "For men is the share of what parents and lose relatives leave, and for



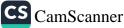
women is the share what pasents and close relatives leaver." Similarly. Women can earn in a lawful manner. Hazrat Khadija sthe wife of Prophet Muhammad, was a business woman. it is good descriptions highlights the significance of women employment. And, Islam teacher that women must be respected and honored by sherry herebands, fathers, society at large-Islam brothers and Says Paradise is under the feet Mother, and one who treats his of daughters well will be with me in parenelise like two fingers. Quran commands men to treat women with Kindness- Prophet Muhammad (PBUH) used to standup in the honor of his daughter fatima. Thus, women is entitled to variety of sights and this is start of essenberties in Islam. now you are on topic Despite the fact that women are given all rights In constitution and Islam, They (women) are ignored in all spheres of life. Their rights me violated in the society as a norm. Education is to change the fate of 1001



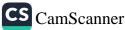
nation, but this tool is only conside red operative for men. While women are bassed from getting colucation. It is evident from the practices of tribal areas that gives are restricted from education, and of -they try to get their sight so called extremist sarget Them. For example, Malala Yusufzai was taggetted in Swift in 2014, for her fight for education against Taliban. Fakistan Alliance for Giols Education reports that 13.71 million gists are out of School in Pakistan. Also, women literacy rate is Sar. as compared to 75% of their male counter parts. This sale is 2 result of several factors like early marsaige which creates hindrances in way of getting education. Morcover traditional familier mastly psyley their sons' education to sending daughters to school. In vare cases if they are sent school, then they are admitted in to government schools where ghost kachers temain unisible. While the some are admitted in private quality institutes.



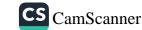
further, it is thought that sending girls to school will make firls offensive and they may require bad charactar Not only this, educational institute are also not safe in Pakistan. Giri Students usually become victims of male fellows teachers, or even security guards and Richshaw deriver. In 2023 58 cases of harrasment were reported at seven universities in Islamabad. All these prospector exacerbate educational doldrum baced by girls. Secondly women's health in · Pakistan is a major concern with women facing numerous challenger in accessing propa health case. Issues like maternal mostality lack of accent to spooductive health services and limited awarness a bout somer's healthave widespread. Pakistan's maternal mortality role stands at around 186 death per 100000 live bioths, significantly higher than the global avarge. Moreova, reproductive health xights are also undermined by cultural factors and lack of education. Many women donot have control



over their reproductive chorces, including contraceptive use, due to societal pressure and limited access to health services. Pakistans contraceptive previolance este is Just 35%. A woman's health is her capital, but fur Pakistan woman 15 in debts. This is evident from the fact that Pakistan has Asis's highest Breast Kancer cases sustrich is SO.3%. · Similarily Pakistan ranks first in terms of most cases of diabter in Asia. Among - those carey 17.8%. are women. These grieving health conditions gre sign of the citm before storm, which may soon less to a panalencia if not controlled now. Thirdly, Child massaige is a severe jesues -that deny the basis human rights of giols. According to UNICEF 189 million girls are manyed before 18 years of a ge in Existan. The instance that highlight this Condition is Reeha saleen case. Repha a was a 16 years abaistion gill of 8-14 grade abdueled by muslim neighbour and forced to marry in Guijret.



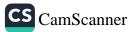
In Pakistan, Samilier # fie the knot of cousing without their consent and minor girls we threaden to marry. In some cases the girls either leave their home or attempt suicide. Volence and honor killing is so Prevalents in society -that it is not considered a crime but pride. Mereforer Pakistan tranks 145 out of 146 countries in Global Gender Grap Inder According to Human Rights watch, in 2023 Punjab witnessed lowood cases of violence And, & gibls are attacked with acid Pf they refuse to mary. Sharmin Obaid chinog produced a film (documenta) naming 'The Saving faces' to highlight this issue. Unfortunately, girls are denied their due freedom of action and choice and are killed on the name of Yonor-A high profile case of Qanded Baloch, who was a social media enpliences and willed by her brother on the name honor roused brows of people. Sharmin Obaid



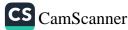
also shedlight on this topic. She made another Oscar winning The Givil in the River. Though, there is no honor in killing, but culput are honored as honor savers. Lastly, Rape and sexual harrassmeich is most widespread disease pound in the apparent proces and teligious society of Paristan. A Woman is repeal every two hours in Paulstan. Muchtaran Mat was raped inpront of tribal leaders in Balochistan Similarly, a lo years old girl Fatima Jurino who was a housellefp in Pis's haveli was raped and murderoof in Ranipur, Sindh. Zainab a 7 years old girl was adve abducted prom Kusur, on his way to Quran recitation darses. And, after five days. she was found in garbage disposal au Cahore In Same way, Noos Mukadam a daughter of boomer Pacistani diplomat, was murdered bratally by a Danily precio after marsarge. cupusal- Victime not only fell trap of criminals , but also are provoked to committe suigide by family



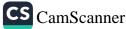
and society. They are tourted and considered as impure and desperpet Dos Danily. Mukhtaran Mai Sard. The scape survivors pamilies are not different from the rest of society, they descourage victims, from resigning or pursuing cases, in an attempt to sweep everything under the carpet. Society looks at the supports as if (getting saped) was his own pualt. Marital rape is also another porm of sexual Violence against women. Men treat women any their property and cause hourn to them A man in Shangla was sentenced to the for abduction, and 'marital hape " of minor wife before ruchsati. Lovery Problem has in it the seeds of its own solutions. Similarly, Women's rights are violated but these have complications too. George Washington Carver said "Education is a key to unlock the gold en door of freedom. Therefore, it would not toe exaggeration to calleducation as a Aladin Lamp por empowering Women Women should be given free



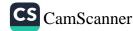
and easy access to colucation. Scholarships and transport should be seperately available for girls. Groverment should make labs and policies to eliminate harrasment at schools. Parents pose keskictions on their daughters regarding education Teachers should meet parents and \$ make them aware of mepostane of It is said, when a male learns he as an indual learns and when a penale learns If mans the whole society learns. Therefore, providing quality education is necessary for both woman and society. Good health is the most important thing. More Man success. More than money. More than power. Women is the backtone of society and her good health is necessary to the levelopment of mation Government shoul make polecies and legal pranwork that ensures penalés consent for conciencing babies. NGIOS should remain in contact with horpitals, if any incolut of forced abortion occurs, Culprits must be brought to justice Moreovers martly lader doe during dalivery due to excessive



bleeding and majority of people prefer delivery at home where perture the lady gets blood of onggen nos the baby gets early care. Therefore, giving birth at home should be prohibited and hostels should be made respo to provide pree Servicer. Government has already introduced Schaf Schulat programe, but it is for both male and benale. Another programe solely for women should also be Enetrated. Pakistan's budget for hearty in 2024-2025 is \$\$ 27 billion This should be increased up to 35 billion to help bulfill the gaps in hath sector. Ambulances are present in hospitals but they danced heavy rent to carry the patients, that's why most of the babier die in womb. To curb this menace a regulating machenism should be developed. Another factor that can help empower women is their increased political sepresentation. According to the Inter-Parliamentary conon parcistal ranks low at 115 out of 190 Countries in from of sepresudation of woman. Although,



Paristan has the pride of electing first comen prême Minister of mushim countrys but stell the and strugger is long-Political parties should increase women glusta 1 rom 5% to 10%. Women Should be given 50% parliamentsy seals Porstead of only 20%. Selber there will be more women in Legislation, they will protect their rights and make barourable legislet Women thenselves also come infront and make this own political parties, lead elections and sur country as leaders. They should not pollow the suit of male polifician. Women must work to break patriarchal nosus in politics. Last but not the least, alonen empowerment is incomplete without climimaking gender based vidlance and served Violence To achieve this aim, women help centers should be established in tural areas, which are more prove to violence and hassassment. The government should also draft new legislation for the legal empowerment of women and free legal asistance, enforcement of protective laws, and survellance of women-specific .



crimer. Morever, bree logal aid cells should be established in all High cours, District Courts and session courts to provide free legal and to women. Meanwhile onlone compargn, media awarness and social media kends should be started to Ensibud people, to promote awareness of woman's sight and support systems. Parcistan can follow the sult of Canada which is a glaring example and a frontrunnes in championing women's rights. The country has comprehensive antidiscrimination laws and policies that address gender based violene und socal discrimination. Like Canada, Parcistan can also eliminale these pils and make Pts land a safe and secure home pore its women, so they can Norish their capabilities and widen their struggle to be the way of progress of dear homelow In Conclusion, State of Women's empowerment in Pacistan is misergbe, as woman cannot excercise their kight to education, political participation, econamic independence, employment and access better health case. Moreover, aggressive



social norms, gender based violences harrassment, honor killing timit them brom # developing this potentia enhancing this agency, and lega empowerment. However, the government has fied to adopt multidiment Strategries to ensure gender egnal and women empowerment, yet different needed to make approaches are completely better. Similarly, setutions establishing vomen help units, and promoting awareness, barriers be broken. empowerment cam women As Steven Pinker sightly sa "Societies that empower we are less violent in every way Paristan can also improve its image by imp global

