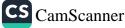
ART FOR PEACE Outline Avoid minor language mistakes Keep practicing on 1 Introduction: Art, in its differentstopiesms, has the immense potential to promote peace in all spheres of life including individual, state and global level 2 Art for Peace de individual level: a) Personal cliscovery i) Exploration of purpose ii) Unveiling hidden thoughts in messence in the moment **Unclear argument** b) Self expression i) Strengthens individuality ii) Embraces differences c) Trauma healing i) Helps in psychotherapy ii) Distraction from tranna d) Connection with the divise i) Cater spiritual needs ii) Religious symbolisms



3. Art for Peace at state level: a) National interrition i) Hational songs i) hiterature 5) Interjaith harmory c) Hon-violent protests i) Mitigate J violence ") Alternate way for protests d) Unite malion against a cause i) Case in point: ISPR songs e) Image building of institutions i) Through movies and chramas f) Promotes tourism i) Symbolic monuments ii) Local architecture iii) Artifacts



4. Art for peace at global level: a) Cultural diplomocy i) Cross-border collaborations (case in point: World Exp 2022, Dobai) b) Awareness of global causes i) croip inval i) social issues ii) Terrorism ii) Climate change c) Universal language 5 Conclusion Arguments should be more mature



0 In 2015, a youth organization based in Karachi initiated the 'Walls of Peace' project. This initiative airmed to transform walls, previously filled with hate speech grafitti into vibrant murals The young artist managed to paint over 2000 walls of the city with messages of peace and awareness of social issues. This initiative not only transformed the city's outlook but cullivated a social bond among various statcholders of the community. This example stands as a practical manifestation of how hate can be nutigated through art and how art care lead to peaceful coexistence. Indeed, art, in its various forms, has immense potential to promote peace in all spheres of life including individual, state and global lavel. It is a cohesive force that helps in Keeping society intact and presenves moral values of the community by constantly reminding humankind about the value of peak.



G First of all, arts plays a profound role in cullivating peace at individual level by fostering sense of purpose and self-exploration. Individuals sating cleeper understanding of themselves often clraw inspiration from various forms of literature. Such literature provides insights into the experiences of others who struggled with similar questions of existence, leading to a cleeper understanding of self. Additionally, and poses power to raise questions and question to raise questions and awaken hicken thoughts. Through this process of self cliscovery, inclividuals find peace in their enistence by answering those questions Furthermore, engaging in only form of art allows individuals to immerse themselves in present moment. It provides individuals an asylum provides depression, and the worries of life and preserves the mental peace Art also helps individuals in developing their self-enpression by strengthening their individuality.



c cors. 3 In arts, there is nothing wrong or right as it does not jollow only Jormulas like mathematics. Art help people to be at peace with their own unique self and interact with their unique traits to the society. It oud individends to embrace being different from the rest of the world and accept the disparities of life. Moreover, self expression allow individuals to convey their thoughts with Various art terms and influence the masses. It also help others to see what constitutes an individual's personality by loting at their expressions in arts For instance Zindagi Trust, an NGO run by an famous artist Shehzad Roy, launched an initiative called 'Wall of Secrets' in their school loung girls submit their artworks in a secret box and laboritis displayed on the wall of seconds. The counsellors by analyzing the artworks, interact with the girls and try to communicate the outcomes with their parents. This activity help girls to fully

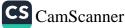


express themselves without the year of getting bullied by their classmates. Another major way ort promote inner peace is its application in psychotherapy Art is used as a healing provers a healing process after travmalic experiences It enables the victims to restore senses by scilizing various forms of ante For instance, arts involves use of physical, and cognitive abilities and engagement in only art form help victims in brain stimulation Moreover, arts like painling, music, literature distracts persons from past traumas by utilizing their leisure time Similarly, appreciation on their art help them gain self confidence to pace the world again Furthermore, art helps individuals to organize their thoughts by practicing ant and overcome the recurring emotions related to traumatic experiences. Ill these contributions of the art push people to a peaceful and purposeful life post-bauma



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0 Art also plays its role in preserving peace by creating an individual's connection with the clivine Since oncient lines, homankinel has addressed its spiritual needs through various onts yornes. For example, in ancient Egypt, kumans crafted ziggurab and inscribed them with religious symbols and signs to please their gods. Similarly, Hinduism incorporated various art forms such as painting, sculpture and soulful musical instruments to cater the spiritual needs of the pollowers. In the contemporary world, Muslims use the art of calligraphy to establish a connection with the God onat an individual buel Moreover, Islamic art and architecture serves as the symbols of peace and tranquility for Muslims around the world and Muslims gind respite from the worldly things with the help of such spiritual arts. In this way ort plays an important role in establishing communication with the divine being.



6 Another application of out in promoting peace is at the state level. It holds powerful potential to joster peace by mational integration. Throughout history, ourt forms like music and singing have strengthened national unity among heterogenous ethnicities. For example, jamous mational song "Sohni Dharti" sung sung by Shahmag Begum, is a testament of mationalism Such songs in the early nationalism Such songs in the early years of Pakistan helped promote a sense of crity and tried to miligale differences among different-nationalities Moreover, these songs of resilience kept morale of the nation high during difficult times in the history of Patistern Similarly, literature played its significant role in cementing the bond between all pour provinces and placed the national identity above all other identifies such as language, culture, caste or creed. This cohesion kept be mation pom falling apart and preserved peace to



~ * 224 0 Additionally, art holds equal importance in maintaining peace by establishing interfaith harmony Art and culture transcends religious boundaries, converging different puths on a common medium. For instance, The Skelches, a local supi music band por Sinch, organized a duali event concert in Mithi, Tharparkar This event was a manifestation of good gesture towards minorities of Scoolh province The event- was attended by the the people of all faiths and it helped in promoting interfaith harmony among masser. Similarly, literature from different countries and produced by people of clifferent faiths, proliferate across bordens, it serve as a window to see through a different time view and identify commonalities based on human mature that enists regardless of ones bills. Moreover, art help in mitigaling Social tensions that arises from protests and cirl disobedience Art provides an alternate of protest to condemn the oppression or



0 to demand right. Indirect and Subtle Oritique on system or status - quo help governments to realize the concerns of the masses without having to clear with the unrest and chaos For example, When Zia-ul-Hag imposed ban on women to wear surce and appear on belevision Igbal Borno appeared in a gathering of women, wearing a black saree and song famous song "Hum Dhekengy". It was a strong strong gesture of protest without resorting to violant means. Similarly poetry of Faiz Ahmed Faiz, served as a critique of system and elites in a non-violent way A contemporary example for this is the artwork of reknowned Patistomi give artist Imran Qureshi de uses strokes of red colors in his paintings and art installations to condemn brutality across the globe. His art is a subtle critique of barst and ruthless realities of the human mature and its implication on the Soviety



Art has a promising impact in uniting nations against a common cause, as evidenced throughout history. For instance, in 2014, pollowing the APS attack, the government initiated the Mational Action Plan to ent curb terrorism. To gain public support and prevent despair among the masses, the ISPR released a song in solidarity with the martyrs of the incident. This song a projound impact on public had morale, and writed people ragainst terrorism in the cantry Furthermore, on the tenth emiversary of the APS attack, memorial was inaugrated Designed by the sensued renowned architect Hayar Ali Davla, the memorial depicts the flight birds as an analogy for the young souls who ascended to beaven. Such artistic expression not only boost morale but also serve as a reminder for people to remain vigilant in preserving peace at all COSET



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(10)Similarly, art is also important tool for governments amel institutions to build their image, promote goodewill, and mitigate tensions between the public and authorities. For example, ISPR gundled chroma, 'End-e-Mapa', portrayed your priends: a politicion, sureacrat, soldier and journalist. Through these crucial characters, insight of harsh realities faced by these professionals for the love of country, was highlighted. Similarly, another drama "Thok Sarkar", portrayed a story of CSS topper, who got allocation in the PSP group. From his character, difficulties pared by police officers presented before the auclience. Such art forms create a sense of appreciation among public for the institution and inspire people grom such storker. Hence, promoting peace by answering the dissalisfaction of the common people and encourages people to cooperate with the institutions.



3862 0 Equally important is the role of out in promoting peace by attracting poreign tourists to the country's onts, indégenous aulture, and architecture For instance, Faisal Mosque, with its Symbolic monumental value in the heart of the capital, attack both local and poreign tourists. Similarly, heritage and architecture possess a magnetic pull that draces torrists and researchers across bordess. For example, Makli Necropolis in Thatta, cleclared a UNESCO heritage site, serves as a pocal point for torign and local interaction The site offers a viscal retreat with its unique architecture and intricate stone-carving art. Likewise, inaligenous artifacts holds Souvenin value value for joreign tourists. Consequently, this altraction of human flux promotes goodwill, paters a peaceful global image, and boasts the local economy, which indirectly serves as a source of peace among locals by improving their conditions.



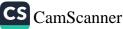
8. M3 M 2 (n)Another key significant a signifance of out in helding peace is at the global level Cultival diplomacy is considered an important doctrine by the states in promoting their peaceful image on global sphere. Cultural exchanges like collaborations between artists grom clifferent countries help in building good relations amore nations. For instance, relations among nations. For instance, the Jang Group initiated Indo-Pak Peace Project named Amon Ki Asha? This initialize through various art Jorn brought celebritics por countries closer Another example is "Horld Expo 2022' which was hald in Dubai, housed various pavillions exhibited by different countries Patistom pavillion designed by Rashiel Rana, was listed among top three most visited pawillions due to its unique and engaging design. Thus, elevaling Pakistern's image in global community and promoting peace through and Similarly, art plays a crucial role in the recognition of global causes and promote peace by raising awarmess.



For example, Sharmen Obail Chinoy's documentary on acid attacks got global recognition. Buch documentories resonates with the masses of the other countries jacing similar issues and promote auareness of such social causes Since recognizing the problem is the first step in eliminating it, this awareness leads to global collaborations aimed at preventing social issues grom arising. Another example is the emergence of Islamophobia post - 9/11, which marked a difficult period for Muslims residing in Western countries, especially Pakistands. To promote a peaceful image and show the other side of Muslims, renowned Pakistani writer, Shoaib Mansoor wrote the movie "Khuda K Lige". The film depicted that not all Muslims are terrorists and that not all thesting the U.S. should not view all Muslimer residing in their cambry with surricion. Il portrayed a balanced view Muslims to the global community.



(4) hast but not the least, art is a universal language with potential to transcend borders. It server as a self-explanatory medium for global community. Global community recognizes mations through their curit. For instance, Patistomi truck art is formous globally Truck artist 'Hyder Ali' is globally recognized for his truck art susion with Social messages. He has conclucted various workshops across bordess, promoting a good gesture globally and attracting poreigners to know more about the culture of Pakiston. His efforts has successfully elevated Pakistom's image through vibrant-colors of his art niche Similarly, music, in this global edge attrall poreign audience. Patistan's lote Studio is a bestament to this clair. Ali Setti with his song 'Pascori' attracted global attentions, even from the adversaries. Thus, art is a language that class not need to be understood and is fell por inner core



Ē In conclusion, art is a powerful tool for spreacling the message of peace at all lavels of human enistence, grorn an individual's inner salf to collective state unity and even to the global lavel. It transants cultural, social, and political barriers, fostering connections across cliverse spheres of life by countering rage and congrantational tendencies, art inspires individuals and communities to embrace peaceful accusitence. In doing so, it lays the foundation for enduring, harmonious peace on a global scale Concluding paragraph should be more comprehensive

