People are overly dependent on Technology

Outline

1. Introduction

Hook

General statement

Thesis statement : People has overly dependent on technology due to some factors. It has negative implication on human life.

However, by taking some measures people can become less dependent on technology.

2. Overview of importance of technology in human life and implication of its over use

3. Reaseans behind people overly dependence on Tehnology

(a) Excessive use of social media platform for political updates and information

(Pew Research Report : campaiging throug media platform for general election)

(b) Economic opportunites through digital media has increased like online transactions

[OECD Digital Economic outlook 2024]

(c) Intracting with other through social media has increased as compared to face-to-face meeting

[Hootsuite's Digital Report]

People are heavily relied on

(d) People heavily rely on technology for security purposes.

[Biometric authentication, surveillance cameras]

(e) Business centers are increasingly leveraging technology to enhance operations and efficiency.

(advertising, Data analysis tool)

(4) Effects/Implication of overdependence on Technology

Upsurges

(a) Political polarization and media sensation upsurges due to overuse of media platform (Misuse of Twitter in Pakistan) and others countries)

(b) Economic losses occur due to scam and fraud through digital platform

(Payment fraud and Control Survey 2024 AFP 80% organisation victim of payment fraud)

(c) Students rely on technology to complete thier projects assignments so creativity decreases rapidly

(Chatgpt)

(d) People prefer social media platform for conversation over face to face meeting that create disruption in social life

(FOMO, anxiety social penetration Theory)

(5)

Way forward to create balance for using technology in right way

i. Balanced life

ii. policies regarding social media

iii. Extra-curricular activities

iv. awareness and education among peoples about harm of over-dependence on technology.

Over-independence