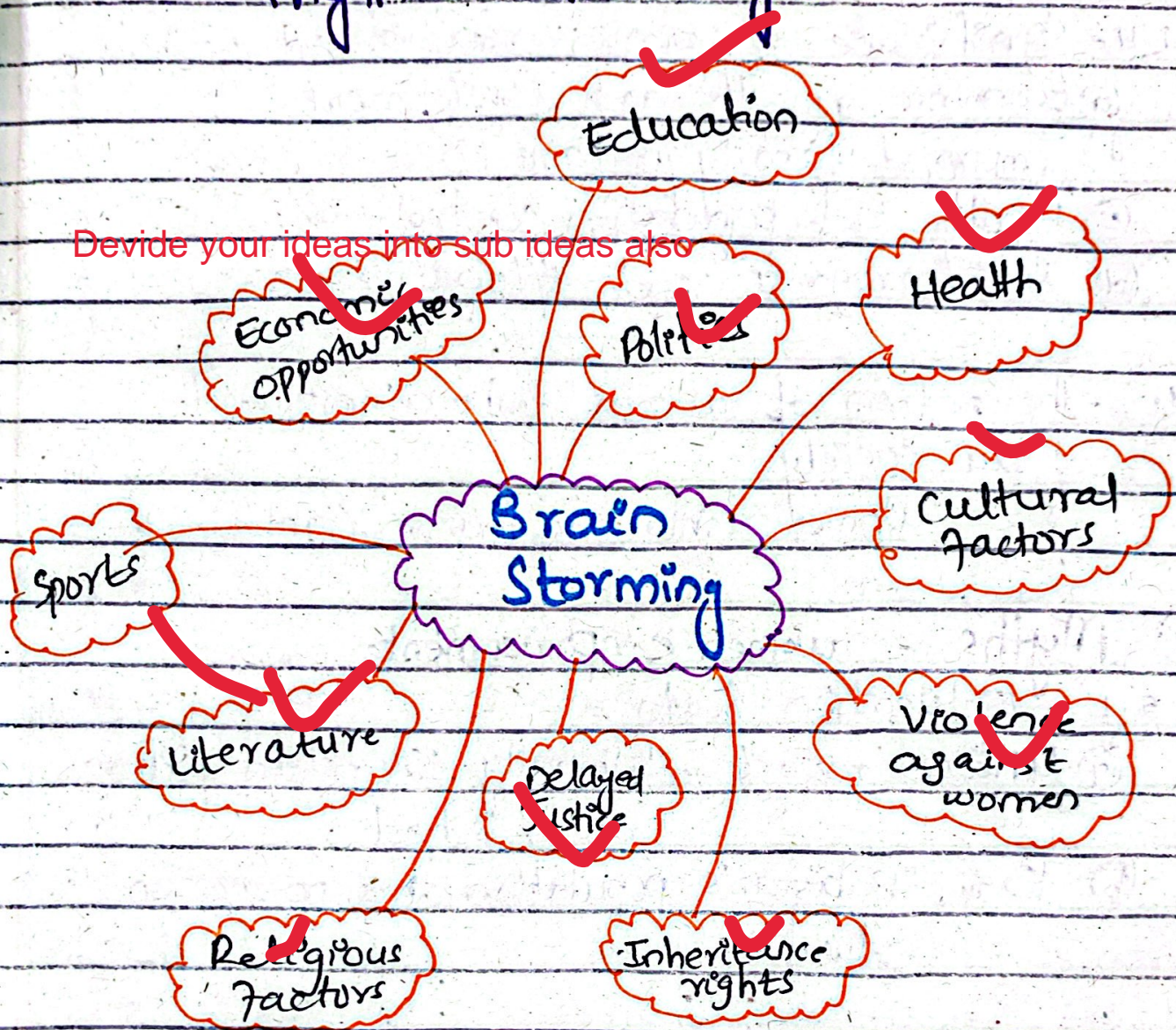


# Essay : "Women Empowerment - a myth or Reality?"



## → Outline :

### ① Introduction

1.1 - Thesis - Statement

1.2 - Definition of women empowerment Women's role and power

### ② Examples

1.3 - Historical Perspective

① women's status in Ancient Civilizations  
(Greece, Rome, India)



(b) Industrial revolution - shift in women's role

(c) Women's Suffrage movement - fight for civil rights

1.4 - Significance of women empowerment

(a) Economic growth and development

(b) Improved family welfare

(c) Health and population control

(d) Social progress and Global Peace

This phrase is not conveying any sense

1.5 - The notion of women empowerment and our society

"Women rights are human right"

(2) Myths - women empowerment

2.1 - Education Sectors

(a) UNESCO report : Globally 120 million girls out of school

(b) 70% - Pakistan's population has no women education

2.2 - Politics / representativeness

(a) Case study by D. H. Sayed : "Women in Politics"

(b) Case study by Pakistan Journal of International Affairs : "Role of women in Politics"

2.3 - Health sector

(a) UNICEF, 2001 : Pakistan's maternal mortality rate - 186 deaths per 100,000 live births



## 2.4 - Cultural Barriers

- (a) Honor killing, child marriages, restrictions on mobility - Middle East and South Asia
- (b) Patriarchal norms: Purdah (seclusion of women)

## 2.5 - Violence Against women

- (a) Human rights watch report, 2018: 70-90% women in Pakistan face domestic violence
- (b) Human rights commission of Pakistan report: 430 cases of Honor killing in 2020

## 2.6 - Economic opportunities

- (a) World Bank report, 2022: 22% female labor force participation in Pakistan
- (b) Pakistan Bureau of statistics, 2020: Women earn 34% less than men. Plz write at least 2023 data

## 2.7 - Religious factors

- (a) selective interpretation of religious texts: women as subservient, men (Qawwamun)
- (b) Misrepresentation of Religious Doctrine: Patriarchal norms, women barred from becoming priests/imam.

## 2.8 - Delayed Justice

- (a) Mukhtara Mai case (2002)
- (b) Zainab Ansari case (2018)
- (c) Gandeel Baloch case (2016)



### 3.1 - Inheritance rights

(a) UN Women (2022) : 6% of total property inheritance

(b) World Bank (2021) : 50% women - no access to inherited property

### (3) Reality - women Empowerment

#### 3.1. Literature

(a) Tehmina Durrani "My Feudal Lord", 1991

(b) Malika Lodhi "The external challenges: Essay on Pakistan's Foreign Policy"

#### 3.2 - Sports

(a) Sana Mir - Cricketer

(b) Samina Baig - mountaineer

(c) Maria Toorpakay - Squash

(d) Sarah Mehboub - Tennis

#### 3.3 - Education

(a) Malala Yousafzai : 2014 noble Price

#### 3.4 - Politics

(a) World Bank : Pakistan's national Parliament

women - 20% in 2023 to 22% in 2024

#### 3.5 - Health Sector

(a) PDHS, 2022 : Maternal mortality rates -



276 in 2000 to 175 in 2022, per 100,000  
live births

④ ~~The way forward - True women Empowerment~~

⑤ Conclusion

"There cannot be true democracy  
unless women's voices are heard"

Plz include some points about empowering  
women