

title is written at the top and word count at the end

2018 → Biceps

120 words

sentence is too long and be to the point dont explain

The temperate region proves best for keeping energies active as it continuously engage in overcoming obstacle of cold climate. The extreme cold ~~insensitize~~ human energies and a hot climate demands little energy while moderate cold have deep soothing effects on human generation in which man utilizes its energy in difficult but no hopeless efforts. Man has to do many efforts to cope with extreme cold and require ^{much of} nourishing food for replenish ^{ed} of energy. Contrarily, tropics is quite different require ^{comparatively} little food to sustain life and need little utilization of energy. ~~In comparison of tropics and temperate climate~~, in hot climate weather, life is easy as one is generally sluggish while alot of efforts demands by our minds and bodies in cold season. So, human nature also gets differences with changing climes.

Titte Title : Changing Human Nature with Changing Climester

main idea is picked and discussed but there is alot of useless info and explanation of the content not satisfactory sentence structure is not appropriate 7/20