## Q. 2. Write a précis of the following passage in about 120 words and also suggest a suitable title: (20)

It is in the temperate countries of northern Europe that the beneficial effects of cold are most manifest. A cold climate seems to stimulate energy by acting as an obstacle. In the face of an insuperable obstacle our energies are numbed by despair; the total absence of obstacles, on the other hand leaves no room for the exercise and training of energy; but a struggle against difficulties that we have a fair hope of over-coming, calls into active operation all our powers. In like manner, while intense cold numbs human energies, and a hot climate affords little motive for exertion, moderate cold seems to have a bracing effect on the human race. In a moderately cold climate man is engaged in an arduous, but no hopeless struggles and with the inclemency of the weather. He has to build strong houses and procure thick clothes to keep himself warm. To supply fuel for his fires, he must hew down trees and dig coal out of the earth. In the open air, unless he moves quickly, he will suffer pain from the biting wind. Finally, in order to replenish the expenditure of bodily tissue caused by his necessary exertions, he has to procure for himself plenty of nourishing food.

Quite different is the lot of man in the tropics. In the neighbourhood of the equator there is little need of clothes or fire, and it is possible with perfect comfort and no danger to health, to pass the livelong day stretched out on the bare ground beneath the shade of a tree. A very little fruit or vegetable food is required to sustain life under such circumstances, and that little can be obtained without much exertion from the bounteous earth.

We may recognize must the same difference between ourselves at different seasons of the year, as there is between human nature in the tropics and in temperate climes. In hot weather we are generally languid and inclined to take life easily; but when the cold season comes, we find that we are more inclined to vigorous exertion of our minds and bodies.

## Name: Maryam (35253-Maryam-067) Precis CSS-2018 Roughdrapt-1 In temporate countries of nor thern Europe, the significant impacts of cold are appayent. Cold climate, as an obstacle, increase the energy of people. Impossible to bulfill obstacle numb their tenergies with desperation while their total obsence does not ancourage por a xertion. As Intense cold numbs human's energies, and not climate does not ancourage for exertion so moderately cold climate have bracing affect on people. In temos reasonably cold climate, man has to build houses, wear thick dothes, prequire fre puel, cut down the trees. Moreover, one has to move quickly to prevent himself from extremely cold windowd now to regain his strength with nourshing food. On the other hand, men in tropac face different climate. There is little need of fire, chothers and it is possible to spend the whole day comportably under the shadow of trees. So, aventually little amount of bruits or regulable are required bor sustaining lipe. People can easily differenciate . - that at different ceasons of the year. In hot weather, they generally spend Checked By: \_ Signature:

people. While total absence of obstacles in hot climate do not encourage for exercise and training. So moderately cold alimate has refreshing impact on people. Furthermore men in tropic do not require thick clothes, fire fuel and woods and noursishing food for sustaining life as in temporate region. People can easily olipperentiate it dibetween different seasons. As they can spend eite cosily in hot weather, however they are more inclined to the do

the vigourous exercise of brains and bodies.