

x. She fell asleep \_\_\_ her desk while studying.

**Q. No. 8 Make a Précis of the following passage and suggest a suitable title. (15+5=20 Marks)**

One of our most difficult problems is what we call discipline and it is really very complex. You see, society feels that it must control or discipline the citizen, shape his mind according to certain religious, social, moral and economic patterns.

Now, is discipline necessary at all? Please listen carefully. Don't immediately say YES or NO. Most of us feel, especially while we are young, that there should be no discipline, that we should be allowed to do whatever we like and we think that is freedom. But merely to say that we should be free and so on has very little meaning without understanding the whole problem of discipline. The keen athlete is disciplining himself the whole time, isn't he? His joy in playing games and the very necessity to keep fit makes him go to bed early, refrain from smoking, eat the right food and generally observe the rules of good health. His discipline and punctuality is not an imposition but a natural outcome of his enjoyment of athletics. So, discipline, if taken in this way, extends beyond individual pursuits and permeates various aspects of life, including education and work environments. In schools, students adhere to rules and regulations to maintain order and facilitate learning, while in professional settings, employees follow codes of conduct to ensure productivity and harmonious collaboration. Is there any example of success that negates the aspect of discipline in its achievement? You can argue in favor of freedom being compromised when discipline is imposed. But that is only when you see discipline as a mere imposition by some outside authority. You may choose to remain free but the moment you set a goal, you find yourself compelled to follow a particular routine as necessity to realize your dream.

# Precis

Discipline for the sake of development of society is a social challenge. It is generally considered that freedom is compromised by discipline. However, this approach lacks the actual understanding of discipline. Discipline can not be incorporated by external forces, rather it can be achieved by ~~can achieve by setting commitment~~ and having inner satisfaction for pursuit of goal. Furthermore, discipline ~~creates order~~ <sup>Creates</sup> in institutes and increases efficiency and output in individual life and in society. But, having the goal is fundamental motivation to inculcate discipline in life.

Title: Importance of discipline in ~~human~~  
~~behaviour~~

Humans' behaviour

Total words: 83