

## Problem is a blessing in disguise

Life is a collection of ups and downs. Man strives hard for his survival. Allah created the creation, and as long as we exist the problems come in our way. Solving the problems teach us many lessons in our life. When an individual faces a lot of problems then he should move towards the Allah, and seek guidance and help from him in problem solving. Many of the problems are created by the engagement of an individual with material world, which ultimately causes many desires and wishes in one's heart and mind. Man struggles to fulfill the wishes and in result the disturbance of mental peace occurs. Solving the problems also make a man accomplish in his ability to make a powerful decision. The individual becomes more strong, resilient in handling the issues. There are many scientific methods to solve the problems. If there are a lot of problems, we should follow certain steps to solve the issues. First we should recognize the problem

we should get clear idea about what the problem is? Secondly, we understand the problem fully and make a strategic plan to solve it. Thirdly, implement the plan to get relief from the created one issue. The most importantly, half of the problems are created by the <sup>unnecessary</sup> interference of someone in <sup>extra</sup> activities. Here, someone needs to recall the four words: "Turn back to Allah" as He is the only true guider and as well as the mental-peace provider.

Offer prayers and reciting Quran daily. As Allah is with Sabirin.

Allah mentions in Quran that I will test you with fear, hunger, out of wealth to know how much patience and how much Tawakkul you have on your Allah. Problems are part of life. We can not fully get rid from it but make struggle to solve it. No doubt, problems make us more solid and reset the directions of life. Some problems have everlasting impacts on someone life. Simply put it, is a blessing in disguise.