

Humans and Climate : A Symbiotic Relationship!

Weather patterns govern human nature. It varies across regions as well as within a year by climate transitions. Extreme weather patterns suspend human activities, but moderate cold weather positively contributes to them. Northern Europe presents the positive impact of the winter on humans. It shows how cold weather unlocks hidden energy by posing challenges to their livelihoods. Cold weather in those regions pushes human nature to level up and smartly use energies to overcome them. On the flip side, the hot weather makes life still. Life thrives with minimal effort in tropical regions. In the same way, human activities vary across the weather cycle in a year. Summers are lazy, while winters revive mental and physical energies in humans.

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question : 120
Precis words : 124)

Climate Influencing Human Behaviour

Northern Europe displays benefits of cold weather. As a doable challenge, it motivates humans to utilize their hidden energies, contrary to the absence of any task or presence of hopeless tasks. Unlike extreme hot and cold that discourage mobilization, moderately cold weather positively engages humans. Humans carry out extreme but doable tasks during moderately cold weather. To protect against cold, they build houses, get warm clothes, gather wood for fire, are quick to prevent frostbite and eat food. Men in tropical regions live easier than in chilly areas. They easily arrange livelihood. Such a differential in human behaviour is also evident across different seasons. In summer, humans live without effort, whereas their mental and physical activity increases in winter.

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