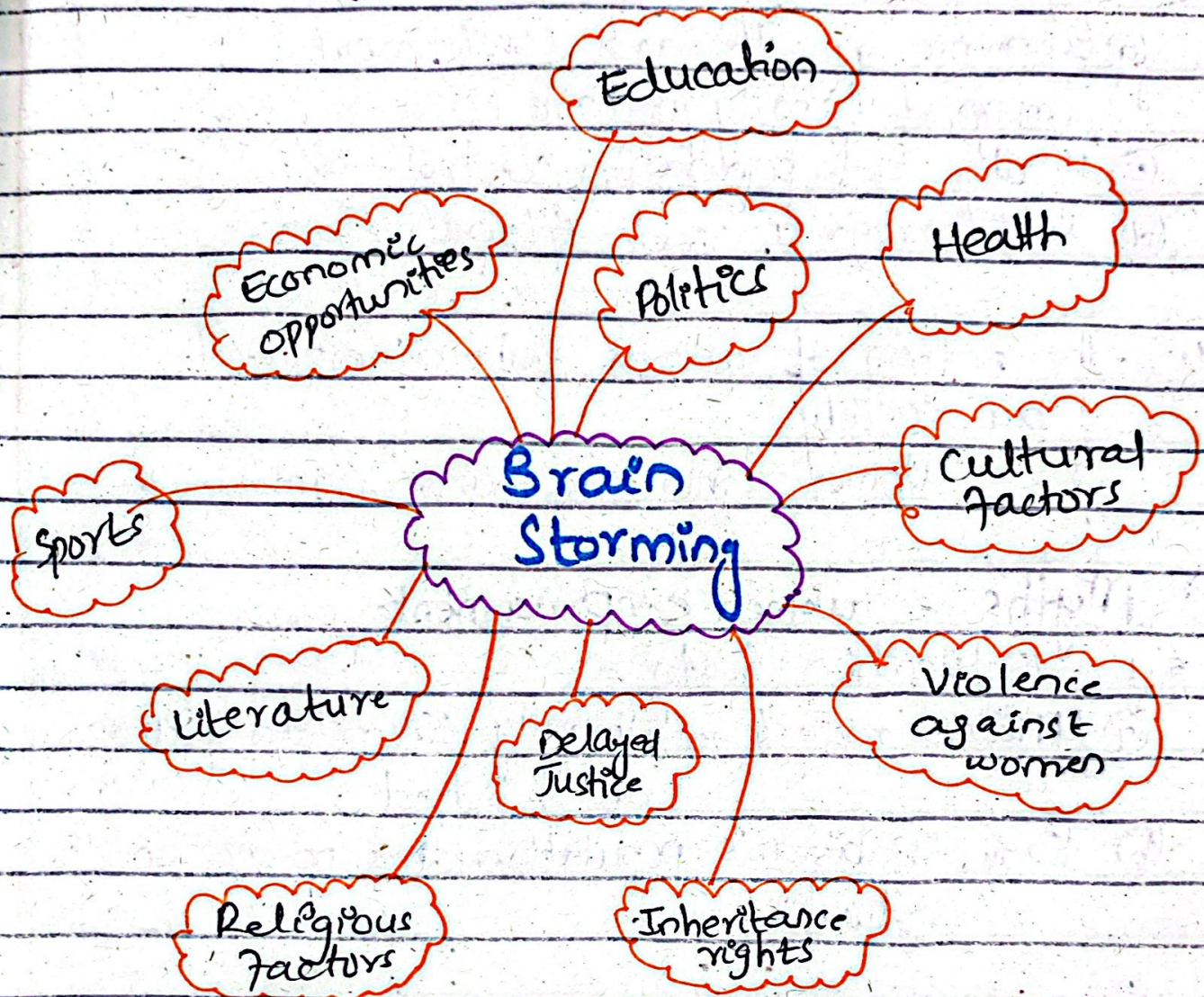


Essay : " Women Empowerment - a myth or Reality? "



→ Outline :

① Introduction

1.1 - Thesis - Statement

1.2 - Definition of women empowerment

② Examples

1.3 - Historical Perspective

① women's status in Ancient Civilizations
(Greece, Rome, India)

- (b) Industrial revolution - shift in women's role
- (c) Women's Suffrage movement - fight for civil rights

1.4 - Significance of women empowerment

- (a) Economic growth and development
- (b) Improved family welfare
- (c) Health and population control
- (d) Social progress and Global Peace

1.5 - The notion of women empowerment and our society

"Women rights are human right"

(2) Myths - women empowerment

2.1 - Education Sectors

(a) UNESCO report : Globally 129 million girls out of school

(b) 70% - Pakistan's population has no women education

2.2 - Politics / representativeness

(a) Case study by D. H. Sajid : "Women in Politics"

(b) Case study, by Pakistan Journal of International Affairs : "Role of women in Politics"

2.3 - Health sector

(a) UNICEF, 2021 : Pakistan's maternal mortality rate - 186 deaths per 100,000 live births

2.4 - Cultural Barriers

(a) Honor killing, child marriages, restrictions on mobility - Middle East and South Asia

(b) Patriarchal norms: Purdah (seclusion of women)

2.5 - Violence Against women

(a) Human rights watch report, 2018: 70-90% women in Pakistan faces domestic violence

(b) Human rights commission of Pakistan report: 430 cases of Honor killing in 2020

2.6 - Economic opportunities

(a) World Bank report, 2022: 22% female labor force participation in Pakistan

(b) Pakistan Bureau of statistics, 2020: Women earn 34% less than men.

2.7 - Religious Factors

(a) selective interpretation of religious texts: women as subservient, men (Qawwamun)

(b) Misrepresentation of Religious Doctrine: Patriarchal norms, women banned from becoming priests/imam.

2.8 - Delayed Justice

(a) Mukhtara Mai Case (2002)

(b) Zainab Ansari Case (2018)

(c) Qandeel Baloch Case (2016)

2.9 - Inheritance rights

(a) UN Women (2022) : 6% of total property inheritance

(b) World Bank (2021) : 50% women - no access to inherited property

(3) Reality - women Empowerment

3.1. Literature

(a) Tehmina Durrani "My Feudal Lord", 1991

(b) Malika Lodhi "The external challenges: Essay on Pakistan's Foreign Policy"

3.2 - Sports

(a) Sana Mir - Cricketer

(b) Samina Baig - mountaineer

(c) Maria Toorpakay - Squash

(d) Sarah Mehboub - Tennis

3.3 - Education

(a) Malala Yousafzai : 2014 noble Price

3.4 - Politics

(a) World Bank : Pakistan's national Parliament

women - 20% in 2023 to 22% in 2024

3.5 - Health Sector

(a) PDHS, 2022 : Maternal mortality rates -

276 in 2000 to 175 in 2022, per 100,000
live births

④ The way forward - True women Empowerment

⑤ Conclusion

"There cannot be true democracy
unless women's voices are heard"