

People are overly dependent on Technology

Outline

1 Introduction

Hook

General statement

Thesis statement: People has overly dependent on technology due to some factors. It has negative implication on human life.

However, by taking some measures people can become less dependent on technology.

2 Overview of importance of technology in human life and implication of its over use

3 Reasons behind people overly dependence on Technology

(a) Excessive use of social media platform for political updates and information

(Pew Research Report: campaigning through media platform for general election)

(b) Economic opportunities through digital media has increased like online transactions

[OECD Digital Economic outlook 2024]

(c) Interacting with other through social media has increased as compared to face-to-face meetings

[Hootsuite's Digital Report]

(d) Peoples heavily rely on technology for security purposes.

[Biometric authentication, surveillance cameras]

(e) Business centers are increasingly leveraging technology to enhance operations and efficiency.

(advertising, data analysis tool)

(4) Effects/Implication of overdependence on Technology

(a) Political polarization and media sensation upsurge due to overuse of media platform. (Misuse of Twitter in Pakistan) and others countries)

(b) Economic losses occur due to scam and fraud through digital platform

(Payment fraud and Control Survey 2024 AFP 80% organization victim of payment fraud)

(c) Students rely on technology to complete their projects, assignments so creativity decreases rapidly.

(Chatgpt)

(d) Peoples prefer social media platform for conversation over face to face meeting that create disruption on social life

(FOMO, anxiety, social penetration Theory)

(5)

Way forward to create balance for using technology in right way

- i. Balanced life
- ii. policies regarding social media
- iii. Extra-curricular activities
- iv. awareness and education among peoples about harm of over dependence on technology.