

Asif Khan Rwp-059

29 Aug, 2024

Precis (CSS 2018)

Title:

The Benefits of a Moderate Cold Climate.

Precis:

The benefits of a moderate cold climate are evident in northern Europe. Such a ~~we~~ climate stimulates our energy by blocking it; because our energies are dormant in extreme climates and are fully activated when reasonably challenged. Moderate cold climate represents such a challenge. ^{overcoming} It involves doing a lot of stimulating activities like building strong houses, wearing thick clothes and raising fires whereas living in tropical climates is less physically demanding and as such presents little incentive provides to exercise vigorously. We can observe the effect of this climatic difference on our behaviour. We are relaxed in summers and are more likely to exercise vigorously in winters.