

DATE. 4/08/2024

Outline.

## Essay outline: Backwardness of women leads to Backwardness of the Nation.

1. **Introduction:** Inclusion of women in all socio-political, economic and educational spheres, <sup>and others</sup> boosts sustainable development. However, the primary cause of the backwardness of any nation, including Pakistan, is its gender disparity roles that hinders the development. Thus, by adopting strategies from successfully developed nations, we can also achieve exemplary status worldwide.

2. **Historical Perspective of women backwardness and successful feminist movements that bring brought social change.**

(Book Review: Betty Friedan's 'Feminine Mystique')

3. **How Backwardness of women leads to Backwardness of the Nation.**

3a) Unequal rights in Legal Positions.

(As per Law and Justice Commission of Pakistan, out of 126 Judges in the upper tier of Judiciary only 7 are women)

3b) Impediments of Inclusion of women in the Labour Force.

(As per Gender Gap Index Report, women make only 6% of senior officials and senior managers in Pakistan today)

3c) Misinterpretation of Religion and neglecting the role of education in promoting women empowerment.

(Book Review: 'Islam, the misunderstood religion' by Muhammad Qutb)

3d) Women's Health Status; decides the future of a nation.

(Pakistan last National Nutritional Survey (NNS) in 2018 revealed that 43% of women of reproductive age and 57.4% of adolescent girls (10-19 years) in the country were suffering from Iron deficiency, an anemia; every second female)

3e) Cultural and Societal Constraints

Women Working, a Silent Factor for nation's backwardness.

(Book Review: "Taboo" by Fauzia Saeed)

3f) Infringement of constitutional rights; a primary reason for nation's backwardness.

(Article 27 and 37 ensures full participation of women)

3g) Lack of Media coverage for women and promotion of Patriarchal mindset

(Book Review: "Manufacturing Consent" by Noam Chomsky)

3h) Digital discrimination of women hinders national growth.

(As per Amnesty International Report on Gender and Human Rights in a Digital Age)

Tech-facilitated gender discrimination is likely to worsen gendered poverty worldwide)

3i) Gender Based Violence & Pending cases; Fuels Injustice and cause

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Social Invest, ~~and~~ the National Prestige

(As per Report of Law and Justice Commission titled "Unveiling Shadows: An Overview of Gender based Violence cases, 2023", there is a drastic rise of GBV, 81% in the backlog of unsettled Gender based violence litigations.)

③ Adopting Strategies of successful countries having women inclusive approach; boosting their prosperity worldwide.

- Case Studies of Finland and Bangladesh.

4- ~~the~~ Strategies to achieve prosperity having gendered inclusive approach including,

4a) Promoting women's inclusion in sports, economy & politics, health and education for leading a nation towards sustainable development.

(Quaid's Quote: No nation can rise —)

4b) Breaking the social taboos by arranging educational campaigns and using mainstream media including dramas etc.

5- Conclusion.

In Greek mythology,

1 Spartan women had more female warriors. They had more rights and enjoyed greater autonomy than women in any other Greek city-state of the classical period. Women could inherit property, own lands, make business transactions and were better educated than Athens, where women were considered second-

class citizens. Spartan women were said to rule their men. The Greek philosopher, Aristotle, however, who had spent his time in Athens, criticized this notion that women's inclusion in politics could be responsible for its decline. Conversely, this did not happen and Spartan women's inclusion in all spheres boost their sustainable development more than Athens did.

They had broken the notion of Aristotle that men, by nature, had intended to rule over women. Spartan's women actually made the city state stronger and more efficiently run than others. This example had proven that inclusion of women in all spheres of life could change the future of their nation.

Unfortunately, many nations, including Pakistan had neglected women's role and had faced backwardness till today.

Despite having religious prohibitions to women, still there are cultural and societal taboos and constraints that are impeding the women's progress and its national development.

1. Similarly, Pakistan's lowest rank in recent Gender Development Index proves that women still faces disparity in socio-economic, politics, education, health and unequal justice which hinders its sustainable progress. Unlike many developing nations including Finland and Bangladesh which ensured the importance of women's participation in their national development, Pakistan still

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faces a lot of backwardness that needs to be learned and adopted from these nations. Hence, the inclusion of women in all socio-economic, politics, legal and educational sphere and others will boost its sustainable development. However, the primary cause of <sup>the</sup> backwardness of any nation, including Pakistan, is their gender disparity roles which impedes their progress. Thus, by adopting lessons from successfully developed nations, one can also achieve an exemplary status across the globe.