

# English Composition

Date: 20-04-2024.

## Reading Comprehension (2016)

1) Why most of us fail in our efforts for self-improvement?

Many of us struggle with self-improvement, because we fear failing, lack of clear goals and often criticize ourselves. These internal obstacles can make progress difficult and leave us feeling discouraged. To succeed, we need to be kind ourselves, set achievable goals, and find ways to stay motivated even when things get tough.

2) Why is it a basic mistake to announce our resolution to everybody?

Announcing our resolution to everybody can be a mistake because it creates external pressure and expectation, which might make it harder for us to stay committed and focus on our goals. Keeping our resolutions private allows us to work on them, without feeling judged or influenced by others' opinion.

3) Why did the writer not carry out his resolution on New Year's Day?

The writer did not stick to their New Year's resolution on January 10<sup>th</sup>, because they lacked the determination or motivation to keep going with it.

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Passage to

4) Find out the words in the above passage which convey the following the similar meaning

(i) Intimidating      Formidable

(ii) Peril      Pitfall

(iii) Dwindle      Fend off

(iv) Repel      Wane

(v) Barb      Fibe

