

## ACADEMIC PARAGRAPH STRUCTURE

(Sub-heading: Social Media influences Body Shaming)

Topic Sentence	One of the negative impacts of social media is the influence of body shaming.
Explanatory or Reasoning sentence	Social media makes people feel less confident than they are. Social media promotes unrealistic body standards to be an ideal.
Supporting Point (1)	Teenagers by simply scrolling on social media such as Instagram, Snapchat, Pinterest etc get into anxiety and feel inferior in comparison to others.
Example (1)	A new survey by the Mental Health foundations in 2019 shows that millions of teenagers worry about how they look and social media is the main cause.
SP 2 (optional)	Body Shaming on social media has become a part of daily routine for some people to bully, abuse or pass critical comments which can have permanent effects on the victim's mental health.
Ex 2 (to be written if SP2 is given)	According to the Girls' Attitudes Survey conducted in 2016, 94% of girls especially teenagers have reported being body shamed on daily basis.
Concluding Sentence	Social media applications have the potential to hide the identity of the bullies which influences them even more to comment on others.

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