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# Assignment Islamic Studies

**Fasting:** mention the full qs statement for proper evaluation.

Introduction: without that these are just notes.

Fasting is abstinence of person from food, drink or both for health, ritualistic, religious, or ethical purposes.

→ It is the 2nd religious duty of a believer is the fasting for one month every year.

→ It is a fundamental pillar of a believer write references with markers.

يَا أَيُّهَا الَّذِينَ آمَنُوا اشْرِكُوا بِمِثْقَلِ ذَرَّةٍ مِنَ الْحَقِّ  
بِإِذْنِ اللَّهِ قِيلَ لِمَنْ شَاءَ مِنْكُمْ

→ According to Suran.  
"O ye who believe! Fasting is prescribed to you as it was prescribed to those before you, that he may (learn) self-restraint, (Surah Al-Baqara: 183)

## Fasting and Religion:

In the religions of ancient peoples and civilization, fasting was a practice to prepare person, especially priests and priestesses, to approach the deities.

### Fundamental Condition

#### For Fasting:

Fasting has been incumbent upon every Muslim adult but with the condition that he must be fit physically. A sick person and who is travelling to other exp infirmities are exempt. But for the sick and travellers there is a temporary exemption, they have to complete

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the period on other day.

According to Quran;

شهر رمضان الذي انزل فيه القرآن  
هو لي ليا من لي من لي من الهدى والفرقان  
من شهر منكم انتم عليه ومن كان منكم  
وعلى سفر فعدة من ايام اخر يريد الله  
لكم اليسر ولا يريد لكم العسر ولتذكروا  
واذكروا الله كما علمتم ولعلكم تتقون

keep the description of a heading brief and increase the no of headings instead.

On the other hand, Allah  
does not wish to burden  
the man who has permanent  
infirmary. For such a person  
the Quran says,

"And for those who cannot  
afford it there is ransom,  
the feeding of a man  
in need.

Sence of Trust in Allah

(4)

## Benefits of Fasting:

The benefits

of fasting are given.

① Sense of Trust In Allah:

These

is trust in Allah and  
impos. loftiness to his  
character and personality.

→ This is a tradition by  
Abu Hazim that Prophet (SAW)  
said,

In paradise there is gate  
called ar-Rayyan through which  
on the Day Judgement those  
who fast will enter, and  
through which none but  
they will enter.

② Sense of Patience & Equality:

Ramzan is a month of  
patience.

(5)

⇒ Fasting places every body, the rich and poor, the high and the low on the same pedestal.

⇒ According to Prophet (SAW).

⇒ "He who abstains from food and drink during the period of fasting but does not strive to abstain and safeguard himself against moral lapses, starves to no purpose."

③ Gift of Allah - Night of Al-Qadr:

The night of Al-Qadr on which the Prophet (SAW) received his call and the first verse of the Holy Quran were revealed at.

Mount Hira. (Qur'an Al-Qadr Verse 1)  
It on the night of Power.

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leave a line space between headings.

انا الزكاة في ليلة القدر  
⇒ The night of Power is better than a thousand months.

(4) Mode of Self-Reformation:

The most significant aspect of "fasting" is the reformation of the "self" through a conscious management of the "self".

⇒ If this object is not reversed, then fasting would be a ritual without a purpose.

(5) Fasting is Not Starvation!

Fasting means suffering from lack of food and water only for command of Allah. It is a call of

self denial

→ Thus, between the breaking of one fast and the start of the next, people are free to eat and drink.

Moral Benefits of fasting:

Fasting has many benefits both in physical and spiritual spheres. On the practical side, it has been admitted to be one of the oldest therapies. Hippocrates believed that fasting heals the body itself.

→ Eminent physiologists have hailed fasting as "single greatest natural healing therapy".

improve the structure of the answers. use headings and subheadings.

work on the paper presentation <sup>3</sup> and the references.

## Spiritual And Social Benefits:

Ramzan

is a test faith, And every test, even the most mundane one, imposes some hardship.

It is also a rewarding experience, both for the

purification of the soul,

for which it acts like a catharsis, and for the

prevention and cure of

many a physical ailment.

According to prophet (SAW):

⇒ Verily, fasting is not only from eating and drinking.

Rather, fasting is from vanity and obscenity. If someone

abuses you or acts foolish against you, then says: Indeed I am fasting.

attempt these parts by giving subheadings.

end your answers with conclusion.



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# Hajj (Pilgrimage):

## Introduction:

Hajj means a travel as also an effort to dominate something. Conventionally this term is translated as pilgrimage. This is the one of the religious duties of a Muslim.

⇒ It is an obligatory on every adult to go on Hajj once in his or her lifetime to perform this great effort.

⇒ Those who do not possess the material means of travel are exempted from it.

## Components of Hajj:

These are

about 12 components of Hajj.

### ① Points of Entry

At the borders of sacred territory, around Mecca, one put off the ordinary dress, and puts on by way of a religious uniform two sheets of cloth → a loin cloth and a shoulder cover.

### ② Perform Tawaf:

Then the person had to do tawaf around the Holy Kaaba.

### ③ Perform Saey:

Person had to perform saey at the place of safa and Moxwa.

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#### ④ Departure To Mina:

It is sunnah to leave for Mina at the 8<sup>th</sup> of Dhul Hijjah after the sunrise.

#### ⑤ Day At Arafat:

The Day of Arafah is on the 8<sup>th</sup> Day of Dhul-al-Hijjah of the lunar Islamic calendar.

#### ⑥ Night At Muzdalifah:

Pilgrims are instructed to spend the night of 8<sup>th</sup> Dhul Hijjah at Muzdalifah under open sky.

#### ⑦ Devil Stoning In Mina:

Seven stones are thrown at each of the three pillars at commemorate Prophet Ibrahim's rejection of Satan.

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### ⑧ Animal Sacrifice:

During Hajj, the sacrifice can be done in Mina or Makkah after stoning of the largest Jamarat.

### ⑨ Hair Trim And Remove Pilgrims Ihram:

Then hair are trim and Ihram are removed by the pilgrims.

### ⑩ Return to Kaaba For Tawaf and Saey:

Then the pilgrims are return to Kaaba to do Tawaf and saey again.

### ⑪ Return To Devil Stoning:

Seven time storming<sup>n</sup> of the Satan



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enters it attains security,  
Pilgrimage there is a duty  
men owe to Allah - those  
who can afford the journey,  
but if any deny faith,  
Allah stands not in need  
of any of His creatures."

Surah Al-Imran - 97 verse.

According to Holy Quran:

﴿لَا يَخْفَىٰ عَلَى اللَّهِ سِرَّهُمْ وَلَا نَجْوَاهُمْ﴾  
﴿لَا يَخْفَىٰ عَلَى اللَّهِ سِرَّهُمْ وَلَا نَجْوَاهُمْ﴾  
﴿لَا يَخْفَىٰ عَلَى اللَّهِ سِرَّهُمْ وَلَا نَجْوَاهُمْ﴾

⇒ "But those who were blind  
in this world, will be blind  
in the hereafter, and most  
astray from the Path."  
(Surah Al-Isra - 72)

⇒ As we can also  
read in Hadith

⇒ "Nothing compares with the

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accept Hajj and it has  
no reward other than that  
of heaven!"

⇒ According to 2nd Hadith.

"A person who performs  
Hajj purifies himself  
from sins like a day that  
he was born."

⇒ And this is the greatest  
gift, and the best honours  
and the highest reward.