a. Agricultural practices

Mahatma Gandhi has rightly said, The world has enough for everyone's need, but not enough for everyone's greed." It is of no surprise that the planet Earth' is the only planet known to this day that can provide all the essentials required for human survival. To our grief, incessantly growing human population and the anthropogenic a triffing such as the massive extraction of radural resources to run industries, exploitative consumption and less production, unjust water usage and unchecked urbanization have diminished the earth's capacity to support human beings. All the above mentioned activities have pushed the world into an Anthropocene Epoch'- where every human activity is detrimental for the environment. It has now become imperative for every human being wandering on earth to take certains measures to mitigate the declining earth's carrying capacity. By following tertain strategies such as responsible resource management, Safeguarding natural habitats, making population control policies, using calculated

resources, the risk of decreasing earth's carrying capability can be dwindled. There is a strong possibility that the immediate actions would avert the risk of mass extinction as denying it would be suicidal.

Firstly, it is important to comprehend the meaning of early's carrying capacity. Making it extremely simple, earth's carrying Capacity is the maximum size of population that an environment can sustain indefinitely. Once the carrying capacity exceeds, a severe crash or collarse of a population follows, coupled with ripid environmental degradation. The concept of carrying capacity has been best illustrated by Thomas Malthus. He explained that human population was growing exponentially at very rapid pace, and production of items and resources was extremely low. This would, ultimately, result in a collapse of population. The massive, unrestrained extraction of rescurces and incessantly growing population would be deleterious for earth's capacity of supporting human

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and other species survival.

Having discussed the concept of earth's carrying Capacity, the upcoming paragraphs would mistrate the major factors that plumpheted earth's carrying capacity.

and the for most anthropogenic factor that assaulted the earth's carrying capacity is unchecked population growth. No other species has ever harmed the earth, but the human beings. The unchecked growth of human population is the biggest ourden on the natural resources. The more propulation demands more resources. But this was not the case in the past. There were about one billion people on earth in the beginning of eighteenth century which increased to two billion till the beginning of the 20th century. But the crisis arose when population reached to almost 6.7 billion in the early years of 21st century-Analysts predicts that population would reach 9.7 billion by 2050 and it

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would be a challenge for the mother earth to provide essential resources to meet the demands. Thus, the unbridled population growth poses a serious threat to earth's carrying capacity by depleting the resources.

Moreover, graving population has increased the technological growth since the industrial revolution. Although, the revolution has eased human life in multiple ways, it has also negatively impacted the mother earth. It has extracted and utilized the natural resources of earth more than conything else. Row material from au parts of the world was extracted at an exponentially devastating rate. The byproducts of the inclustries such as carbon dioxide ((02), chemicals untreated water etc. have changed the natural environment cy de. The by-preducts annihilated marine life, created air and water pollution and destroyed the natural hobitat by exceeding inclustries at vast land. Thereby, generating uncalculated technological products which become garbage in years later. According

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some estimates, forty million ton e-waste is being produced every year. This waste in turn becomes poisonous for all living things on or inside the earth, destroying the earth's natural capacity.

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furthermore, me industrial revolution has made humans to consume resources and modern products in an exploitative manner. The prowing population and grating the increasing demands deranged the humans to use resources at rapid pace, which the world has never witnessed before. Human beings produced the different modern products and utilized these products as well as other resources unchecked, and the cost of which is bound to be paid in the future. According to World Energy Council, one-third of the oil reserviours has been utilized and the remaining would end by the end of the 21st century if the utilization continues at the current rate. Despite oil reserviours, extensive water fetching from ground and wasting it in unusual activities have added to the

declining of earth's natural resources which would result in abating its capacity of supporting humans the availability of these resources in the etties forced people to leave pastoral life for urban.

Subsequently, people left rural areas for cities to relish their great for resources. People moved to org cities is those cities were promising more resources. The natural habitat around the vicinity of cities began to decline. Lumans cut off the forests, even changed the natural water flows of rivers which had deleterious effect on natural habitat. Auge grasslands, Cultivatable land and forests cleared off for the purpose of commercialism. This in turn put many endingered species lear to the verge of extinction. Moreover, the consumption of natural resources increased multiple times. The cosmopolitons such as New York, Tokyo, Paris etc. are consuming resources 20 times more than the whole rural life of Africa. In return, by gittes are producing huge mass of toxic garbage

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which is not only detrimental for animals, insects and marine life, but also for human beings. Conclusively, all these factors are collectively declinic declining the earth's carrying capacity. You are good writer

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Undoubtedly, the conthropogenic factors have reduced the earther carrying capacity to unprecedented tevel. The upcoming pagaget wald ellaborate the ways to determine the earth's carrying capacity.

The earth's carrying capacity can be determined by; screntific and anthropogenic research method. Scientific method is the objective study of any phenamena, making new theories and rejecting the previous ones. On the other hand, anthropogenic research method involves cross-cultural comparision or ethnographic method. As anthropology Studies the human in totality, the convergence of scientific method and conthropogenic method would elucidate

comprehensively the causes of declining earth's carrying capacity. It would also provide the best constructive and the functional measures to halt the earth's declining carrying carried and revitalize it for the upcoming generation. On the bases of scientific and anthropological research methods, the constructive measures would be discussed in the upcomme paragraphs.

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Firstly, the responsible resource management of agriculture practices should be ensured. Agricultural practices are necessary for human survival as ithese are the major source of food production. Uncalculated and abundant watering to the crops has sweeped much of the underground freshwater. This has in return disturbethe water cycle, contributing in diminishing the earth's capacity. Therefore drip irrigation system must be promoted so as to avoid massive fater loss. Moreover, rotational croping and avoiding to land setting on fire would revamp the earth's

natural carrying capacity. Recently, Chinese government has harved its people to grow tree in China. It was awing to avoid water loss. Thus, responsible management of agricultural practices would revitalize the earth's carrying capacity.

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Along with responsible management of africallar ar praction, the responsible management of industrial and technological production is also necessary. In thes modern age, procluction of minor to colossal items is just a matter of minutes too few hours. Immense taw material extraction and Well researched point destroyed the equilibrium of earth. It is estimated that around one billion cellphones and three million computers are produced each year, and these products come up as a forty million tons of garbage annually. Thus, street monitoring es requered for extraction and production of gadgets. Recently, EU 2050 Energy Council has forced the Apple company not produce data cables more than the requirment. Consequently, the lople moved to C-type

capable. Thus such arragements should be made at all revels and the monitoring of production and utilization must be ensured to lessen the burden on the natural resources of earth.

Additionaly, ontrolling population growth would be extremely benificial in revitalizing the earth? carrying capacity. Unprecedent of growth after mid-tweenth century has sweeped the earth's natural resources. Currently, more than eight billion people are wandering on the surface of earth extracting resources from an corners of earin would soon be earth. At mis parts as well as an other organisms on threat. So, population should controlled by promoting contraceptives and roiding early mouriages. Family planning should be promoted at a state level as done by the government of Singapore. Singapore, a small state introduced Stay at 2' policy amid proving population at rapid rates after World War II. Introduced

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in 1965, the population growth policy ensured sustainable growth which made Singapore one of best self-relight and developing economy. Therefore the State and Citizens should join named to control population so that the could can maintain its carrying capacity for the court and maintain its carrying capacity for the court and agreement and agreement and capacity for the court and agreement and capacity for the court agreement agreement.

10 aga on, shifting towards the renewable resources would prove to be the best policy to cater degrading earth's carrying capacity. Renewable energy resources are also abundant all around the globe. But people preferred non-renewable resources solely motivated by commercialism. Renewable resources are usuable multiple times, free of any normful impact on the earth's capacity and are very economical. For energy source, solar energy, windenergy and biomass energy can be harnessed for domestic and industrial purposes. These energy resources have tero negative impact on humans as well as on the earth. A major development in this case is the shifting

from oil-ruming vehicles to electric vehicles. Major technological companies namely Tesla and Benz Mercedes have pledged to shift from oil-based vehicles to e-vehicles. Many such developments are the need of time to lessen the burden on mother earth's natural resources.

Aport from using renewable resources, restoring and protecting the forests would expedite the healing rocess of ailing earth. Forests are the source of providing oxygen go necessary for the survival of all organism and engulfing the lethal corbon floxide ga from the atmosphere. This natural process of earth is disturbed by the mas deforestion which in return would change the composition of gas accomulation in the atmosphere. The process has directly and indirectly perturbed the earth's natural ycle. Therefore, to save the planet, mass reforestation is required and es imparitive for human survival. One potent example for the world is the One Billion Tree Ismami' project of Pakistan.

to recover from declining mode.

Along with referestation, safeguarding the natural harrat is imparative for the recovery of earth to a level where it can support human population. Having discussed earlier, human beings have disturbed the natural cycle of earth more than only other species. Illegal hunting and proching have pushed many birds and other marine life animals to the verge of being extinct. The illegal trade and hunting nust be stopped. Mark Twain in his essay The Dan Led Human Race? hage mentioned that human being hunt birds and animals more than their recyclirement as a food. This inhuman activity should be minimized and policies for their protection should be devised. Moveover, the voist greenlands, Shrublands, water bodies and sevannahs should also be protected and preserved.

Among all ways, minimizing the expansion of urbanization by promoting and facilitating rural and suburbs of Countries. The hige influx of people from rural area. To urban areas has devasting effect on earth's carrying capacity. Usually, people but leave countrysides for big cities to avail job oppertunities. This influx is solely notivated for earning money, getting education and immediate provision Ayold apsiling attyle of resources. The States should devise a plan to provide ay the facilities to the rural people. The establishment of educational institutions, roads, hospitals and availability of duly usuable, a much needed items would halt the urbanization. Minimizing the urbanization is also the 11th goal of Sustainable Development Goals' (SDGIS). Therefore, the state and the international stakeholders can play a vital role in minizing the urbanization and lessening the burden on earth's natural resources. Along with the state, the internation

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Community can perform theits protal role in the sustainable use of resources so that the Parthos carrying capacity may not decline e ponentrally. Many global stake rolders are an continous efforts to ensure to moderate use of resources. After industrial revolution, humans extracted natural resources at very alarming pace and has aused unrepairable damage. However, the screntists informed about the misuse of earth's resources. The global community come up with Sustainable Development Goals 2030' (SDGS) to moderate the pace of natural resource consumption. Still the implementation is not up to the mark. The organizations such as World Wildlife Fund (WWF), World Economic Forum, United Nations Framework Convention on Climate Change (CN-CCC) etc. can play cardinal role and need to expedite their efforts to protect evorth's transition of ideas Last but not the least is the

Last but not the least is the public awareness to face the consequences. Public awareness

is of great significance as mathe public is also the contributor in this regard. The lack of knowledge and inability to envisage the future consequences of misuse of natural resources, the states should policies of to enhance the sphere

of awareness. The states should use the digital as well as the traditional platforms to make general mass aware of the

at public halls and in educational institutions should be convened and the awareness and proper use of resources

Should elucidated. This attempt would prove to be a butter-fly effect that would slowly and gradually bring fruits.

On the centrary, the guestion that haunts every idividual is that what if humans fail to protect the earth's carrying capacity. It is assumed to this particular question is that it would be the self-destruction of human beings. Do not raise questions and answer yourself The unbridled extraction of resources, polluding the air and water, acidification

humans would not be detrimental for humans but also the other organisms. A Boom-Bust' cycle of growth was observed in Alaska.

Twenty-nine reindeer were initially introduced in 1944 and their number increased to Six thousand till 1955. The reindeer decreased to only around fifty by 1964.

Likewise, human population and the depleting nortural resources if not monitered, the human beings may face the Boom-Bust' cycle and it would be regarded as the Suicidal attempt.

discussion, it can be concluded that the unbridled population growth and the unbridled population growth and the anthropogenic factors have dwindled the earth's correging capacity; it is, however, imperative for all human beings to join hands and make collective efforts to protect earth's carrying capacity. Many man-caused a factors such as massive and unplanned population growth, industrial and technological production, exploitation of natural resources



and unregulated urbanization have contributing in deterrorating earth's carrying aparty that is essential for the Survival of living organisms. However, human beings have the potential to revitalize the earth's ability is support human beings survival in the future. By Controlling population growth, using renewable energy sources, promoting Sustainable urbinization and safequarding the nedural habitat mould protect the earth's carrying copacity. It is of no surprise that human beings caused all the mess; however, there is a cogent possibility that humans can protect the earth's carrying capacity by following constructive measure with all force. Otherwise, denying it would be Suicidal.

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