

D/F b/w gender and Women studies. Discuss in Details the multidisciplinary nature of gender studies.

### Gender Studies:

Gender studies is the physical and biological differences between men and women. Gender is a classifying principle in society and culture. In society male and female identities on the base of color, body shape and design of clothes. According to gender studies men and women has a separate role in society.

### Women Studies:

The first course of women study developed in 1960 in USA. First master degree offered in women studies was offered at University of kent.

Women study is an academic field related to topics of women, feminism, gender and politics. It often include feminist theory, women's history and social history, women fiction and women health.

### ~~Women Studies~~

### Gender Studies

Women's studies is an interdisciplinary field between women and men. It is the study of women and gender in every field.

It is the difference between women and men.

ii Make women visible

In gender studies it make men as dominant to women

iii Women studies work in support of women with regard to first and second wave of feminism.

Gender studies is another form of third wave of feminism.

<p>v Women study focus on the freedom and right of women. Women can do every thing with men.</p>	<p>Gender studies focus on social difference of men and women. According to society women cannot do anything that men can do.</p>
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<p>Women study has narrow scope.</p>	<p>Gender study has wide scope.</p>
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<p>i In women study we learn only about women.</p>	<p>In gender studies we learn about multiple men, women, gay lesbian and third genders also.</p>
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<p>i Gender women study is conservative</p>	<p>Gender studies is liberal.</p>
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<p>iii In women studies women have lack of freedom in sexual orientation</p>	<p>Gender studies gives the freedom in sexual orientation.</p>
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ix Women study has main focus on the status of women in society.

Gender studies focus on women and Queer theory.

x Only teaching and research of women issue and their solution

It is cross structural study of Gender.

### Multidisciplinary nature of Gender Studies:

i Gender studies has a wide range of discipline in Anthropology, Sociology, Economics, Religion, Literature, History and Biology.

ii Gender studies is a trans-disciplinary area of study with which engages critically with gender realities, gender norms, gender relations and gender identities from intersectional way.

Gender study include all behaviours of sexual orientation like gay, Lesbian and Transgenderes and Bisexual. LGBT.

It include all sexual entity male, female and shemale.

Gender study explain every aspect of life. <sup>Gender</sup> Role in almost every sphere of life

### Conclusion:

Women and gender study and feminist work continuous because the role and issues related to gender change day by day.

Divide equally both part

# Note on Gender base violence.

## Introduction:

Gender base violence and violence against women are frequently used interchangeably in literature.

Gender base violence is violence that is directed against a person on the basis of gender.

The term gender violence reflect the idea that violence often serves to maintain structural gender inequalities, and includes all type of violence against men, women, children, adolescents, gay, transgender.

The most gender based violence is inflicted by men on women and girls. It is estimated that 20 to 25% of women in Europe have suffered physical violence.

According to the UN  
Violence against women  
is defined as:

Any act of gender base violence that result in, or is likely to result in, physical, sexual or psychological harm or suffering to women including threat of such act, Coercion or arbitrary, deprivation of liberty, whether occurring in private life.

### Forms of violence against Women

#### Sexual violence:

Sexual violence is defined as "sex through threats, physical force, forcing unwanted sexual acts or forcing sex with others.

Intercourse with a girl without his will.

- Sexual harassment is demand for sex in exchange for job promotion or higher school marks or grades.
- Trafficking for the purpose of sexual exploitation
  - forced exposure to pornography
  - forced pregnancy
  - forced abortion
  - forced marriage
  - Female genital mutilation
  - Virginity test
  - Marital rape
  - Group rape

These all use the different form of sexual violence.

## Physical violence

This include violence such as Slapping, beating, arm twisting, Stabbing, strangling, burning, choking, kicking, threat with knife and murder.

It also include female genital mutilation



## Economic violence:

It include act such as:  
the denial funds refusal to contribute financially, denial of food and basic needs, and controlling access to health care, employment denying inheritance right in matters of property etc. all of these amalgamate into economic violence.

## Psychological violence:

It include  
"behaviours that intended to intimidate and persecute and takes the form of threats of abandonment or abuse, confinement to the home, surveillance, threat to take away custody of the children, destruction of objects, isolation, verbal aggression and constant humiliation."

Elucidate the current status of health of women in Pakistan. What measures could be taken to improve the women's status as whole.

### Introduction:

Health is a complete mental physical and social well-being and does not mean the mere absence of disease. The health of families and nations are interlinked with the health of women. Health or death of a woman can have serious implication for the health of her children and family. If the women are healthy they will produce healthy children and they will be in a position to take care of family health, so we can say that healthy women are the sign of a healthy family. Consequently a healthy nation. Million of women die every year due to lack access of health facilities.

## 1 Women health issues:

Women in Pakistan has severe limitation to medical care due to multiple factors, including its rugged, diverse geography and civil unrest. These problems are specially in rural area, where travel is often limiting factor as describe by Anne G. Thinkes in the publication Improving Women's Health in Pakistan. Pakistan is plagued with high rates of maternal mortality child mortality and child malnourishment. Moreover, There is a few female employed in health care as compare to male. mostly male health care check female patient so, many women do not tell their problems to male doctors.

### i Limited Access to healthcare facilities:

Pakistan has limited healthcare facilities. Pakistan has ranked third

highest in the world with the numbers of maternal deaths.

There are many factors responsible for this issue even who wish to seek treatment have no resources. More than 60 percent women in Sindh do not have access to public health care service.

## ii Lack of health awareness:

~~Women~~ <sup>Extremely</sup> ~~have~~ narrow approach to women and women health's is main cause why women are not able to get proper medical treatment. Women are at time even not allowed to undergo a medical center or visit to a doctor.

## • Reliance on Traditional medicine Techniques:

The tribal and rural concept of home deliveries are another

reason why patients remain undiagnosed of medical complications which may lead to death of infant or their mothers. It also lead to abnormal children who are a burden on parents and the country as whole.

### Poor budgetary Allocation:

The allocation of budget for health is extremely low. Pakistan has spend 0.9 percent GDP on health.

### Absence of Family Planning Practice

Concept of family planning is very vague in Pakistan. People are not aware to use contraceptive or birth control pills or they resist because they consider it against their moral and religious teaching. Using contraceptive is equal to killing child in our society.

## Patriarchal Society:

Pakistan is a patriarchal society whose men is superior than women. Domestic violence is a chief cause of complication related to pregnancy including unwanted pregnancies, lack access to family planning, unsafe abortion, high risk pregnancy and other psychological problem.

## Poverty:

Poverty is a main cause do not go to health care. People do not afford fee of doctors.

## Negative role of midwives

In rural areas people believe on normal delivery with midwife. If these patient survive they still in danger. Local quacks offer cheap medicine have severe side effect.

## Food and malnutrition:

Pakistan has severe issue of malnutrition. In Baluchistan 66% population have food insecurity and 36% women are under weight.

## 2 Solution of health issue:

Health problems being faced by women can be resolved by taking following steps

### Free healthcare facilities:

Women must be provided with free health care facilities. Clinic and hospitals must be built in villages and remote areas

### Awareness programmes

A country-wide awareness campaign must be launched. Lecture and workshop of women hygiene during pregnancy and menstruation must be

### Abolition of Traditional medical practice

Traditional medical practice must be abolished. Women must be encouraged to visit a doctor

### Removing stigma about family planning

The government must initiate program to remove the stigma about family planning. Religious leaders should spread awareness with the fact that use of contraceptive is allowed in Islam

# Proper Allocation of budget

At least 6 percent GDP must be assigned to women health care facilities and building clinics and hospitals.

## Conclusion:

Women are driving force of any nation. Their health must be first priority of family and society. The provision of proper health women will lead a healthy nation and it also reduce sexually transmitted disease and birth of abnormal children every year.

Substantially low  
Add facts and figures