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Negative Effect of Social Media in Youth

Nowadays, social media has negative effect in youth. The negative effects of social media in youth include depression, body image issues, technology addiction and cyberbullying. The effect of social media in youth can be significantly detrimental to mental health and cause an increase in ~~suicide~~ rates. Surveys of US adolescents show that teen depressive symptoms and suicide rates showed marked increase between 2010 and 2015. Hence, social media is affecting youth in a negative way.