

Psychological Overview of Unhappiness

There is commonality among various psychological causes of unhappiness. Generally a person focus on satisfying his wishes that has remained unfulfilled in his youth and he has no concern in activities involved to satisfy his desires. Presently, a ~~man~~ person seeks distraction to escape unhappiness. Therefore, he involves himself in negative means to bear the burden of life and find temporary escapeway in the name of pleasure. A few number of people exist today and so were in the past who find pleasure and pride in unhappiness. These wise ones are aware of the reality of life and universe. The person with such view is unhappy but he feels satisfied ascribing displeasure to be the part of nature of the universe and hence, it is thought to be logical. This pride makes nature of unhappiness suspicious to them. Thus, lack of pleasure is enjoyed.

Total Words

≈ 400

Précis
Words

125