

Only a Healthy Population Can Be an Asset for a Country

1) Introduction

Thesis Statement:

2) Crunch Paragraph

3) How healthy population is an asset for a country.

a) Healthy population connotes healthy environment, ensuring progress towards SDGs regarding environmental threats to health.

b) Healthy population proactively contributes in economic prosperity of a country.

c) Healthy population has greater ability to combat with non-conventional security threats

d) Healthy nation produces healthy children, reducing medical care cost

e) Healthy population engages in innovation and technological advancements.

- 4) Challenges on a path to build healthy population
 - a) Politically motivated policies, and underfunding of health sector.
 - b) Inequitable distribution of health care facilities.
 - c) Less purchasing power and high cost of health care
 - d) Majority of the population being deprived of basic resources

- 5) Ways to improve health of population of a country
 - a) Taking effective policy measures for the fulfillment of SDGs
 - b) Provision of adequate funds to healthcare sector.
 - c) Ensuring equal distribution of health care facilities
 - d) Concious raising about the importance of physical and mental well being of a nation
 - e) Conclusion