

Envy: A Detriment to Human Nature

Envy is the most unfortunate human trait. An envious person stays unhappy and desires to hurt others. He does not feel content with his belongings. Instead, he gains satisfaction at the loss of others. Moreover, if envy is uncontrolled it can spoil even the talented people. According to saints, envy can be mitigated by selflessness. But for laymen, the remedy for envy is happiness. To increase happiness, one must increase admiration and reduce envy. However, curing envy is a dilemma. The first step to curing it is to acknowledge the reason of one's envy.