

# Only a healthy population can be asset for a country

## Outline:

### 1. Introduction:

Thesis statement:- A healthy population is the heartbeat of a nation and leads to a nation's potential to grow, innovate and prosper.

Use another word

leads to

### 2. Concept of healthy population as an asset.

### 3. What are the advantages of healthy population.

a. Healthy population leads to increase in productivity.

You need to use word from the essay statement

b. Fuels economic growth.

Add points from political sector as well

c. Enhance education outcomes.

d. Bring foreign investments.

e. Promotes sustainable practices.

Write how it is an asset rather than advantages

f. Less investments on healthcare systems.

g. Creates social cohesion and community engagement.

### 4. What are the challenges for unhealthy population.

a. Induces poverty.

b. Unstable economic growth.

c. Illiteracy rate will increase.

d. Burdens on healthcare systems.

e. Less tourism.

### 5. How to overcome these challenges

a. Promote health education.

b. Conduct awareness sessions and campaign.

c. Provide drinking clean water and nutritious food.

d. Invest in healthy activities.

e. Digitalize healthcare system.

rephrase

### 6. Conclusion: