

Only a healthy Population can be an asset for the Country

I. Introduction:

Thesis Statement: Physically fit, mentally sound and socially strong group of people adds positive impacts upon the development of a country.

II. Inextricable relationship between a healthy Population and Progress of a country.

III. Benefits of a healthy Population:

PEST Model of Analysis

- A) Political contributions such as growth of political culture and good model of governance
- B) Economic benefits such as positive impacts on GDP and reduction of expenditure
- C) Social contributions such as social cohesion and establishment of firm social norms.
- D) Technologically advanced and well equipped Society promotes modern technological world.

IV. Hurdles in the way of development of a healthy Population.

- A) Lack of democratic norms
- B) Poor Governance
- C) Flawed Economic structure
- D) Unequal distribution of resources
- E) Social disintegration
- F) Lack of access to modern Technology

V. Possible measurements to ~~repire~~ promote a healthy Population

- A) Institutional frameworks should be revised and updated
- B) Development of a firm economic model should be ensured.
- C) Equitable distribution of resources
- D) Social cooperation and development of societal norms
- E) Technological advancement and access to technology should be ensured.

VI. Conclusion: