

Only a healthy population can be an asset for a country.

Outline:

1. Introduction

Thesis Statement:

2. Crunch Paragraph

3. What makes a population healthy

a. Not only physically fit but also intellectually grown up masses form a healthy population.

b. A healthy population has empowered and educated women.

c. Literate, skilled and development oriented minds make a healthy population

d. A healthy population is devoid of social evils (like terrorism, extremism, corruption etc.)

4. How only a healthy population is an asset for a country

a. A physically fit population reduces cost of health care sector.



- b. Only a literate population can lead to a democratic state.
- c. Highly skilled masses boost the economy of a country.
- d. Empowered and educated women ensure the physical and intellectual growth of nation.
- e. Overall development of a country depends on absence of social evils (like terrorism, corruption, extremism etc.).

5. Impediments in maximizing physical and intellectual health of population

- a. Unavailability of free of cost and quality health care facilities adversely impact the population.
- b. Low literacy rate impedes the intellectual growth of population.
- c. Inadequate opportunities for economic growth stagnate a population's development.
- d. Uneducated women cannot upbring a healthy new generation.
- e. Social evils (like corruption, terrorism, extremism etc) paralyse a healthy population.

6. Measures for dealing with challenges that impede the nourishment of a healthy population

- a. Providing an efficient health care sector for masses.



- b. Creating new avenues for economic development of people.
- c. Focusing on the empowerment and education of all genders but particularly women.
- d. Extirpating the social evils (like corruption, terrorism, extremism etc.) from society.

7. Conclusion

