

Q.1 How important is happiness to most people, and what is the relationship between material wealth and happiness?

The happiness is important to most people as people are struggling to live happily. There is no direct relationship between material wealth and happiness as wealth and material do not guarantee happiness. North America and Europe have more material wealth than rest of the world but according to survey, they are not happy.

Q.2 How does the author characterize the concept of "Voluntary Simplicity" as a movement and as a philosophy?

The author characterizes the concept of voluntary simplicity as a movement and philosophy in such a way that conscious decision to eliminate all ideas, things and habits from oneself which surrender one to be oneself. It is the name of maintaining healthy balance between needs and requirements.

Q.3 What impact is feared by the growing consumerism of modern society?

The impact feared by the growing consumerism of modern society is that there will be no resources for future generations and harmful impacts on environment.

Q.4 What influences make it difficult for people to reduce their consumption patterns?

The influences that make difficult for people to reduce their consumption patterns are climate, cultural backgrounds and individual's character.

Q.5 What are the challenges and rewards of voluntary simplicity?

The rewards of voluntary simplicity are more resources for nature, generations, life satisfaction that a little is more, better health and more enjoyment in life. While the challenges of voluntary simplicity are consumer society, advertisements and social pressure.

