

"Man is born free, and everywhere he is in chain"

## OUTLINE

### Thesis Statement

Although man <sup>is</sup> born free in this world however, he ~~became~~ become surrounded with responsibilities that limits his freedom, cultural and social norms put limit on his freedom, freedom could be achieve through awareness and <sup>engaging in</sup> political and cultural change.

#### 1) Introduction

2) Human beings are bounded with Responsibilities.

3) Man's freedom restrained in World

a) Cultural values limits man's freedom

b) Religion restraint man and put limits on his freedom.

c) Family responsibilities restrict man in a particular cycle

d) Political Structures and Economic instability limits personal freedom

et

4) Abstract ideological chains

a) Ideological beliefs hinders

freedom

b) Psychological barriers internally control man's choices.

### 5) Man could achieve freedom

a) Raising awareness could help man to achieve freedom

b) Recognizing personal chains

c) Engage in political and social change.

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### 6) Benefits of freedom

a) Results in personal growth and self-realization

b) Give confidence

c) freedom foster innovation and creativity

### 7) Conclusion

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