

Only a healthy population can be asset for a country

Outline:

1. Introduction:

Thesis statement:- A healthy population is the heartbeat of a nation and it represents a nation's potential to grow, innovate and prosper.

2. Concept of healthy population as an asset.

3. What are the advantages of healthy population.

a. Healthy population leads to increase in productivity.

b. Fuels economic growth.

c. Enhance education outcomes.

d. Bring foreign investments.

e. Promotes sustainable practices.

f. Less investments on healthcare systems.

g. Creates social cohesion and community engagement.

4. What are the challenges for unhealthy population.

a. Induces poverty.

b. Unstable economic growth.

c. Illiteracy rate will increase.

d. Burdens on healthcare systems.

e. Less tourism.

5. How to overcome these challenges

a. Promote health education.

b. Conduct awareness sessions and campaign.

c. Provide drinking clean water and nutritious food.

d. Invest in healthy activities.

e. Digitalize healthcare system.

6. Conclusion: