

Only a healthy population can be an asset for a country.

1. Introduction:

Healthy population can be an asset for a country as it ensures the effective participation of citizens in various fields of life including social, economic and political. However, various measures should be taken to ensure health facilities for everyone.

2. Relation between healthy population and growth of a country.

3. How the healthy population ~~is~~ ensures the growth of a country?

- a) Literacy rate increases with the rise of healthy population.
- b) Rise of employment in various sectors, enhances the growth of country with healthy population.
- c) Great leaders come with when they grow in healthy environment.

- d) Social work enhances with the healthy population.
 - e) Economic situation gets better with the healthy population.
 - f) Healthy population effectively participates in governance and political system.
 - g) Significant role in competing international competitions.
 - h) Healthy population ensures the growth in different fields of life including technology.
 - i) Peace and stability enhance with cooperation among healthy ^{population.}
 - j) Good health ensures creativity and intellectual abilities to boost-up education system.
- 4) ~~5)~~ Recommendations for the rise of healthy population.
- a) Increase the rate of GDP in health sector.
 - b) Insures ^{the} women health facilities.

- c) Information and knowledge about health to the people of backward areas.
- d) * Ensures healthy environment in a country.
- e) Conclusion